



St. Francis School (CISCE)

Vignettes 2023-24



I CAN CHANGE
THE WORLD

*within
me*



**Changing the World
One Step at a Time**

Vignettes 2023-24

The term 'Vignettes' (pronounced vin-yets) in this publication refers to a short description in the form of writing and images, that briefly captures life at St. Francis School (CISCE) in its various hues.



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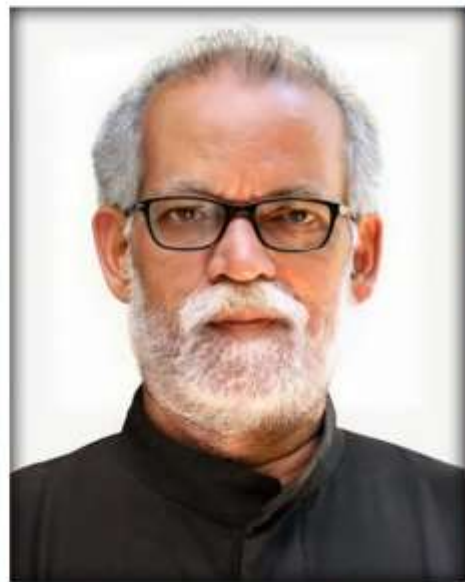
WELLSPRINGS OF INSPIRATION



**ST. FRANCIS OF ASSISI
PATRON SAINT**



**REV. BRO. PAULUS MORITZ
(1869-1942)
FOUNDER & FIRST SUPERIOR GENERAL, CMSF**



**REV. BRO. JOSEPH KARIMALAYIL
SUPERIOR GENERAL, CMSF**



SOCIETY OF THE CONGREGATION OF FRANCISCAN BROTHERS

OUR VISION

**To lead every child
to WISDOM through
an enlightened learning ambience
wherein Franciscan values of
Peace, Love and Hope
are instilled and integrated.**

OUR MISSION

**To educate every child,
promoting high-quality
educational environment,
holistic development,
academic excellence and
responsible global citizenship.**

Changing the World, One Step at a Time

EDITORIAL

'If you desire to make a difference in the world, you must be different from the world' – Elaine Dalton

Our theme for this edition of 'Vignettes' is, '**Changing the World, One Step at a Time**'.

'Change the world!' – it may sound like an idealistic proposal, one that is often referred to passionately on various platforms. It beckons the mind to ponder - *Why do we seek to bring about change? What fascinates us about this challenging proposition so much? Well, the answer is simple enough; change seems to be in our very DNA as humans, that which has propelled our evolution as a species. Moving forward from the transformative changes of natural selection, human history is replete with the changes driven by human choice. From the fall of oppressive regimes to the triumph of civil rights movements and our own inspiring freedom movement, we have witnessed the remarkable power of individuals to reshape the world for the better.*

In a world that often feels overwhelming, it's easy to believe that making a difference requires grand gestures or monumental efforts. Change however, is not always dramatic to start off with.

Change in fact, most often starts off small; it begins with a call from within. Those who make a difference are not trying to '*change the world*' all at once; they are determined to educate that one mind, heal that one wound or right that one wrong. They simply start. Even when progress seems slow, they persevere. And slowly, the small changes add up. They begin to transform people, cities, nations and even the world. You just need to start.

At school, we witness the power of small actions daily. When a student volunteers to tutor a peer, participates in street theatre to bring attention to the issue of media addiction or simply stands up against bullying, they contribute to a culture of kindness and responsibility. These actions however small, create ripples that extend far beyond the school walls, fostering a more conscious and compassionate world.

Yes, true to Franciscan tradition, we are surely changing the world, one step at a time.

Mrs. Michelle Borges

Living Franciscan values in response to the needs of an ever-changing world.

PRE - PRIMARY SECTION



ORIENTATION DAY

FIRST DAY OF THE NEW ACADEMIC YEAR. PARENTS WENT TO THEIR CHILD'S RESPECTIVE CLASSROOM. TEACHERS BRIEFED THEM ABOUT THE CURRICULUM AND THE ACTIVITIES.



MYSELF ACTIVITY

'LET ME INTRODUCE MYSELF!'

BOYS CAME DRESSED IN BLUE AND GIRLS IN PINK. EACH OF THEM INTRODUCED THEMSELVES.



DOODLING ACTIVITY

'I DOODLED WITH DIFFERENT COLOURS AND MADE YUMMY FRUITS!'



SHOW & TELL Vegetable & Fruit Day

FRUITS AND VEGETABLES KEEP THE DOCTOR AWAY!



YOGA DAY

YOGA: THE ART OF LIVING



BUBBLE WRAP PRINTING

MAKING A SMALL WORLD FOR OUR FOUR-LEGGED FRIENDS



BUBBLE WRAP PRINTING



LEAF PRINTING ACTIVITY

THE COLOURS OF OUR TIRANGA



INDEPENDENCE DAY CELEBRATION

CELEBRATING OUR FREEDOM. 'HAPPY INDEPENDENCE DAY!'



TEACHERS' DAY CELEBRATION

HAPPY TEACHERS' DAY....WE LOVE YOU!



FANCY DRESS COMPETITION

'GUESS WHO I AM ... ?'



PATRON'S DAY CELEBRATION

'LEARNING MORE ABOUT OUR PATRON SAINT... ST. FRANCIS OF ASSISI'



PATRON'S DAY CELEBRATION



MOVIE TIME

CELEBRATING WORLD MOVIE DAY WITH GREAT ENTHUSIASM!



NAVRATRI CELEBRATION

CELEBRATING THE FESTIVAL OF NAVRATRI WITH GARBA MOVES!



DIWALI ACTIVITY

MARBLE PRINTING TO CREATE THE MAGIC OF DIWALI!



DIWALI CELEBRATION

'LET US CELEBRATE THE FESTIVAL OF LIGHTS TOGETHER'



COLOURING COMPETITION



COLOURING COMPETITION



CHILDREN'S DAY CELEBRATION

'IT'S YOUR DAY OUR LITTLE ANGELS...HAPPY CHILDREN'S DAY!'



CHRISTMAS ACTIVITY

SPONGE DABBING TO MAKE CHRISTMAS GREETINGS



CHRISTMAS PROGRAMME

'OUR LITTLE ANGELS ROCK!'



CHRISTMAS CELEBRATION

SANTA CLAUS IN OUR MIDST...



CLASS DAY CELEBRATION



CLASS DAY CELEBRATION



CLASS DAY CELEBRATION



CLASS DAY CELEBRATION



2017 Merry

CLASS PARTY

TURNING MOMENTS INTO MEMORIES!



LKG SECTION



ORIENTATION DAY

WE BEGAN THE ACADEMIC YEAR WITH AN ORIENTATION SESSION
TO BRIEF PARENTS ABOUT SCHOOL FUNCTIONING



MY FAVOURITE COLOUR DAY

IT WAS INDEED A COLOURFUL EXPERIENCE FOR ALL CHILDREN AS THEY HAPPILY
CAME DRESSED IN THEIR FAVOURITE COLOUR ATTIRE.

THEY ALSO CARRIED AN OBJECT OR TOY OF THEIR FAVOURITE COLOUR AND SPOKE A FEW LINES ABOUT THE SAME.



OUR HELPERS

SOME CHILDREN ENACTED OF A FEW SELECTED COMMUNITY HELPERS TO CREATE AN AWARENESS ABOUT THEIR IMPORTANCE IN OUR LIVES. IT WAS A ROLE PLAY WHEREIN STUDENTS ACTED IN PAIRS, HAVING A DIALOGUE TO DEPICT THE ROLES OF A POSTMAN-RECEIVER, HAIRSTYLIST-CUSTOMER, TAILOR-CUSTOMER, MILKMAN-CUSTOMER, VEGETABLE VENDOR-CUSTOMER, TICKET CHECKER-PASSENGER, DOCTOR- PATIENT AND, TEACHER-STUDENT.



YOGA DAY

HEALTH IS WEALTH!



MODEL OF AN AQUARIUM

WELCOME TO WATER WORLD !

WINTER



MODEL OF AN AQUARIUM

WELCOME TO WATER WORLD !

Vialets



MODEL OF AN AQUARIUM

WELCOME TO WATER WORLD !

Vitanss



MODEL OF AN AQUARIUM

WELCOME TO WATER WORLD !

Violet's



COLOURING COMPETITION

LITTLE ARTISTS AT WORK



INDEPENDENCE DAY ACTIVITY - OUR NATIONAL SYMBOLS

SPONGE DABBING & SPEECH

ART AND LITERATURE WERE BLENDED INTO ONE ACTIVITY, TO CREATE AN AWARENESS ABOUT OUR NATIONAL SYMBOLS AND INSTILL A SENSE OF PATRIOTISM IN OUR LITTLE CHILDREN.



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INDEPENDENCE DAY CELEBRATION



JAI HO...



INDEPENDENCE DAY CELEBRATION



JAI HO...



INDEPENDENCE DAY CELEBRATION



JAI HO...



INDEPENDENCE DAY CELEBRATION



TEACHERS' DAY CELEBRATION

EXPRESSING LOVE FOR OUR TEACHERS BY PUTTING ON A 'LITTLE' SHOW!



TEACHERS' DAY CELEBRATION

EXPRESSING LOVE FOR OUR TEACHERS BY PUTTING ON A 'LITTLE' SHOW!



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TEACHERS' DAY CELEBRATION

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MEANS OF TRANSPORT

IT'S TRAVEL TIME!



NAVRATRI CELEBRATION

ENJOYING THE FESTIVE SEASON...



NAVRATRI CELEBRATION

ENJOYING THE FESTIVE SEASON...



PATRON'S DAY CELEBRATION

PROUD TO BE A FRANCISIAN!

DAISIES



PATRON'S DAY CELEBRATION

PROUD TO BE A FRANCISIAN!

LILIES



PATRON'S DAY CELEBRATION

PROUD TO BE A FRANCISIAN!

TULIPS



PATRON'S DAY CELEBRATION

PROUD TO BE A FRANCISIAN!

VIOLETS



DIYA DECORATION ACTIVITY

'BEAUTIFYING LAMPS IS SO MUCH FUN!'



DIYA DECORATION ACTIVITY

'BEAUTIFYING LAMPS IS SO MUCH FUN!'



SOLO DANCE COMPETITION

IT'S TIME TO BURN UP THE DANCE FLOOR!



SOLO DANCE COMPETITION

IT'S TIME TO BURN UP THE DANCE FLOOR!



SOLO DANCE COMPETITION

IT'S TIME TO BURN UP THE DANCE FLOOR!



SOLO DANCE COMPETITION

IT'S TIME TO BURN UP THE DANCE FLOOR!



CHILDREN'S DAY CELEBRATION

CHILDREN ARE PRECIOUS AND WILL ALWAYS HOLD A SPECIAL PLACE IN THEIR TEACHER'S HEART.



DIWALI CELEBRATION

CELEBRATING THE FESTIVAL OF LIGHTS WITH SPARKLING PERFORMANCES.



DIWALI CELEBRATION

CELEBRATING THE FESTIVAL OF LIGHTS WITH SPARKLING PERFORMANCES.



DIWALI CELEBRATION

CELEBRATING THE FESTIVAL OF LIGHTS WITH SPARKLING PERFORMANCES.



SHOW AND TELL ACTIVITY - FLOWERS

LET'S GET FLORAL!



FORK PRINTING ACTIVITY

USING FORK PRINTING TO MAKE CHRISTMAS DECORATIONS,
ADDING TO CHRISTMAS CHEER!



FORK PRINTING ACTIVITY

USING FORK PRINTING TO MAKE CHRISTMAS DECORATIONS,
ADDING TO CHRISTMAS CHEER!



LKG-LILIES
Activity
Fork Printing
5-22-23

LET'S KNOW MORE ABOUT CHRISTMAS

LEARNING THE MEANING OF CHRISTMAS...



CHRISTMAS CELEBRATION

ENJOYING CHRISTMAS FESTIVITIES...



CHRISTMAS CELEBRATION

ENJOYING CHRISTMAS FESTIVITIES...



CHRISTMAS CELEBRATION

ENJOYING CHRISTMAS FESTIVITIES...



CHRISTMAS CELEBRATION

ENJOYING THE CELEBRATION...



HANDWRITING COMPETITION

'LOOK HOW BEAUTIFULLY WE FORM OUR LETTERS!'



HANDWRITING COMPETITION

'LOOK HOW BEAUTIFULLY WE FORM OUR LETTERS!'



HANDWRITING COMPETITION

'LOOK HOW BEAUTIFULLY WE FORM OUR LETTERS!'



HANDWRITING COMPETITION

'LOOK HOW BEAUTIFULLY WE FORM OUR LETTERS!'



CLASS DAYS

SHOWCASING OUR MANY TALENTS...



CLASS DAYS

SHOWCASING OUR MANY TALENTS...



CLASS DAYS

SHOWCASING OUR MANY TALENTS...



CLASS DAYS

SHOWCASING OUR MANY TALENTS...



CLASS DAYS

SHOWCASING OUR MANY TALENTS...



CLASS DAYS

SHOWCASING OUR MANY TALENTS...



CLASS DAYS

SHOWCASING OUR MANY TALENTS...



CLASS DAYS

SHOWCASING OUR MANY TALENTS...



CLASS DAYS

SHOWCASING OUR MANY TALENTS...



CLASS PARTY

CELEBRATING THE END OF OUR ACADEMIC YEAR



CLASS PARTY

CELEBRATING THE END OF OUR ACADEMIC YEAR



CLASS PARTY

CELEBRATING THE END OF OUR ACADEMIC YEAR



CLASS PARTY

CELEBRATING THE END OF OUR ACADEMIC YEAR



ORIENTATION DAY

BUILDING A BRIDGE BETWEEN TEACHERS AND PARENTS.

'A TEACHER IS A PARENT IN SCHOOL AND THE CHILD IS THE CENTRE OF OUR UNIVERSE.'

TEACHERS INTRODUCED THEMSELVES, WELCOMED THE PARENTS AND BRIEFED THEM ABOUT THE PRESENT ACADEMIC YEAR.



MYSELF: GETTING FAMILIAR WITH OUR CLASSMATES

ACTIVITY ON 'MYSELF' WAS HELD SO THAT CHILDREN GET TO KNOW EACH OTHER.
THEY CONFIDENTLY EXPRESSED THEIR LIKES AND DISLIKES.



A WALK AROUND THE SCHOOL CAMPUS

A CAMPUS VISIT WAS ORGANIZED FOR THE UKG CHILDREN SO THAT THEY, GET ACQUAINTED WITH THE AMBIENCE OF THE SCHOOL, AND TO EDUCATE THE CHILDREN ABOUT THE SCHOOL WHICH THEY HAVE BEEN A PART OF. THEY WERE ALSO SHOWN THE MONASTERY WHERE THE FRANCISCAN MISSIONARY BROTHERS LIVE.



PAPER FOLDING BOOKMARK

AN ACTIVITY WAS CONDUCTED TO TEACH CHILDREN SOME SIMPLE PAPER FOLDS AND TO MAKE A BOOKMARK USING THE PAPER FOLDING TECHNIQUE. IT AIMED AT DEVELOPING THEIR FINE MOTOR SKILLS.



PAPER FOLDING BOOKMARK



YOGA DAY

**YOGA DAY WAS CELEBRATED ON 21-06-23 TO EMPHASIZE THE IMPORTANCE OF A HEALTHY MIND AND BODY .
CHILDREN WERE TAUGHT THE IMPORTANCE OF PRACTISING YOGA.
THEY LEARNT SOME SIMPLE YOGA POSES.**



LEAF PRINTING ACTIVITY

THE ACTIVITY ENABLED CHILDREN TO HAVE FUN WITH PAINT AND GAVE THEM A CHANCE TO EXAMINE THE FINER DETAILS OF NATURAL LEAVES



LEAF PRINTING ACTIVITY



INDEPENDENCE DAY CELEBRATION

INDEPENDENCE DAY WAS CELEBRATED ON 14-08-2023.
THE STUDENTS AND TEACHERS OF UKG SECTION WORKED HARD AND
PUT UP AN EXCELLENT PROGRAMME THAT INCLUDED DANCES, SONGS AND A FASHION SHOW.



INDEPENDENCE DAY CELEBRATION



ELOCUTION COMPETITION

AN ELOCUTION COMPETITION WAS HELD FOR THE UKG SECTION. THE CHILDREN HAD TO SPEAK A FEW LINES ON THE TOPIC, 'I AM PROUD TO BE AN INDIAN'. THE COMPETITION HELPED THE LITTLE ONES TO OVERCOME THEIR STAGE FEAR AND INCULCATED IN THEM A SENSE OF PRIDE FOR THEIR MOTHERLAND, INDIA.



TEACHER'S DAY CELEBRATION

CHILDREN SHOWED THEIR LOVE AND GRATITUDE TOWARDS THEIR TEACHERS
BY PRESENTING GRACEFUL DANCES AND EXPRESSING SOME HEARTFELT WORDS.



TEACHER'S DAY CELEBRATION



SOLO DANCE COMPETITION

THE UKG CHILDREN SHOWCASED THEIR DANCING SKILLS WITH ENERGETIC PERFORMANCES THAT WERE BREATHTAKING. IT WAS TRULY A REFLECTION OF THEIR HARD WORK AND PASSION!



SOLO DANCE COMPETITION



PATRON'S DAY

**STUDENTS WERE REMINDED ABOUT OUR PATRON SAINT, ST. FRANCIS OF ASSISI AND HIS LOVE FOR ANIMALS
THEY PARTICIPATED IN AN ACTIVITY WHEREIN THEY WORE A MASK OF
ANY WILD OR DOMESTIC ANIMAL OR BIRD AND SPOKE 4 TO 5 LINES ON THE SAME.**



PATRON'S DAY



DIWALI ACTIVITY

CHILDREN WERE TAUGHT TO MAKE A DIWALI GREETING CARD.
THEY DISPLAYED THEIR CREATIVITY BY DECORATING THEIR CARDS USING STICKERS.



DIWALI ACTIVITY



DIWALI ACTIVITY



NAVRATRI CELEBRATION

CHILDREN CELEBRATED THE FESTIVAL OF NAVRATRI WITH GREAT JOY.
THEY WORE TRADITIONAL NAVRATRI COSTUMES AND JOYFULLY DANCED TO THE TUNES OF NAVRATRI SONGS.



PAPER CRUMPLING - HOMES OF ANIMALS (MODEL)

CHILDREN WERE TAUGHT TO CRUMPLE PAPER. THE SAME WAS USED TO MAKE MODELS OF HOMES OF ANIMALS. THIS ACTIVITY HELPED IN BUILDING FINE MOTOR SKILLS AS WELL AS STRENGTHENING MUSCLE TONE.



CHILDRENS' DAY CELEBRATION

CHILDREN WERE DRESSED UP IN COLOURFUL CLOTHES AND GIVEN TAKE-AWAYS BY THEIR TEACHERS, AS TOKENS OF LOVE.



DIWALI CELEBRATION

**STUDENTS CELEBRATED BY DRESSING UP IN TRADITIONAL CLOTHES AND SHARING
DIWALI SWEETS AND SNACKS WITH THEIR FRIENDS.**



DRAWING AND COLOURING COMPETITION

A DRAWING AND COLOURING COMPETITION WAS CONDUCTED ON 8-12-2023 FOR STUDENTS OF THE UKG SECTION, TO SHOWCASE THEIR ARTISTIC TALENT. IT WAS WONDERFUL TO SEE THEIR THOUGHTS AND IMAGINATION FLOW ONTO PAPER!



DRAWING AND COLOURING COMPETITION



CHRISTMAS ACTIVITY

A FUN CHRISTMAS COLOURING ACTIVITY WAS CONDUCTED FOR THE STUDENTS.



CHRISTMAS ACTIVITY



CHRISTMAS CELEBRATION



CLASS DAY

DAISIES



CLASS DAY

LILIES



CLASS DAY

TULIPS



CLASS DAY

VIOLETS



GRADUATION DAY



PRIMARY AND SECONDARY SECTION

Economics

Geography

Chemistry

History

Maths

Hindi

Biology

TD

PE

Physics

Art

Marathi

English



ICSE 2022-23 RESULTS & TOPPERS

HIGHER AND STILL HIGHER

Impressive achievement at the ICSE board examination (2022-23)

Effective study strategies, consistent work and dedicated effort – this combination of factors led to the wonderful result achieved by our Class 10 students at the ICSE Board Examination this year. Here is a glance at the meritorious achievement of our high flyers at the ICSE Board Examination (2022-23):



99.001

DHRUVI RAJMEHER MISTRY

1st Rank in school



98.832

PEARL PRAVEEN D'SOUZA

2nd Rank in school



98.832

MEAGAN KEVIN PETRO

2nd Rank in school



98.832

ARADHANA RAJASHEKHAR

2nd Rank in school



98.673

ATHARVA ASHUTOSH RANE

3rd Rank in school



98.673

HAADI EBA JAFFRI

3rd Rank in school

WELL
Done



ICSE 2022-23 RESULTS & TOPPERS

HIGHER AND STILL HIGHER

Impressive achievement at the ICSE board examination (2022-23)

**WELL
Done**

DHRUVI RAJMEHER MISTRY	99.00
ARADHANA RAJASHEKHAR	98.83
MEAGAN KEVIN PETRO	98.83
PEARL PRAVEEN D'SOUZA	98.83
ATHARVA ASHUTOSH RANE	98.67
HAADI EBA JAFFRI	98.67
SHREYAN NITIN SHETTY	98.50
NEO ANIL DODTI	98.33
ALAN JEFFRY JACOB	98.17
DHANVIN UMED PENKAR	98.00
PRASHAM MITUL SHAH	98.00
NIHAR DHAVAL ASHAR	97.83
NOEL ANIL CHERIAN	97.83
SHUBHI MERCHANT	97.83
HETVI CHETAN RAVAL	97.67
LASHYA AYANANSU PANDA	97.67
ANEESH CHATTERJEE	97.33
MAHEE KRUNAL SHAH	97.33
ANVI CHINTAN SHAH	97.00

VIANNE DANIELLE D'SOUZA	96.83
SAISH HARISH POOJARI	96.67
ALVINA ANIL MENDONCA	96.50
NICK JOHN LUNIS	96.17
SIDDH MEHUL SHAH	96.17
BHAVY AMIT JAIN	96.00
RUDRA NIREN DESAI	96.00
HELI KETAN CHOVIATIA	95.83
JOAHAN KANJIRAKAT ASHISH	95.50
ADITYA PRASANNA KOTIAN	95.33
TIANNA JOHN	95.33

PERCENTAGE

NO. OF STUDENTS

TOTAL APPEARED	116
95% ABOVE _____	30
90 TO 94% _____	32
80 TO 89% _____	46
70 TO 79% _____	12
60 TO 69% _____	06



STUDENTS' CONTRIBUTIONS

YOUNG VOICES : PIONEERING CHANGE





**MARATHI
CONTRIBUTIONS**

छोट्या पायरीतून बदल

प्रपंचं बदलत, पायरी – पायरीत,
संकल्प ठेवून, करा एकत्र चालून
स्थिरतेने पडताना, हरकतीने जगायला,
छोट्या धावात, देता स्वप्नांसाठी प्रेरणा ॥१॥

एकाच पाऊलानुसार, संकल्पना करून फुलून,
प्रेमाने, सौंदर्याने, आध्यात्मिकतेने वाढू
प्रत्येक चुका, प्रत्येक दिशा, मागता धरा तुम्ही,
साखळीत जगायला, वाटायला सर्वांचे नाही ॥२॥

विश्वाचे रूप बदलून, स्थापन करा नवीन सुंदर व्यापार
प्रत्येक काही, तयार करता जगाचा नवा आकार
धिरांटू चरणात, स्थिरतेने प्रगती करा
छोट्या पायरीतून, देऊया सदा या धरतीला सहारा ॥३॥

मिहीका धुरी
८ टयुलिप

दया

दया ही एक नुसतीच
भावना नसून साधन आहे
नर, नारी प्राणीमात्रांना
आपलेसे करायची शक्ती आहे ॥१॥

दया न केल्याने वाढेल क्रूरता
निराधार लोकांचा होईल व्हास
नष्ट होऊ दे क्रूरता
फळू दे दयावान राहण्याची आस ॥३॥

दाखवा दया गोरगरिबांवर
रोगी पिडीत दुःखी लोकांवर
दया केल्याने दुसऱ्यांची होते मदत
सर्व हसू लागतात जे होते रडत ॥२॥

करूया एकमेकांना मदत
राहू सर्व सुखी हसत खेळत
सृष्टी मग होईल चिरंतन
असे शक्तिशील होण्यास दया एक साधन ॥४॥

सान्धी मोघे
६ टयुलिप



पोषक न्याहारी – धान्यांची कोशिंबीर

प्रस्तावना :

चटपटीत पदार्थ खायला सर्वांनाच खूप आवडतात. त्यातून रोजच्या धावपळीच्या जीवनात सग्नसंगीत जेवण बनविण्यासाठी इतका वेळ कुणाकडेच नसतो. यामुळे आपण साहाजिकपणेच 'फास्ट फूड' कडे आकर्षिते जातो. परंतु त्यातून पोषण मिळते का? नाही. म्हणूनच आज मी तुमच्यासाठी एक अशी पाककृती घेऊन आले आहे जी पौष्टीक तर आहेच शिवाय बनवायला अत्यंत सोपी व कमी वेळेत बनेल अशीच आहे.

हा मराठवाडयातील एक साधा सोपा पारंपारिक पदार्थ आहे. गहू, ज्वारी, बाजरी, नाचणी ही हया भागातील प्रमुख पिके होत. हयांमध्ये भरपूर प्रमाणात प्रथिने व जीवनसत्त्वे असतात. रक्तातील साखरेचे प्रमाण संतुलित राखणे, भूक नियंत्रित करणे वजन कमी करणे व ऊर्जा पातळी वाढवणे हे हया धान्यांचे प्रमुख फायदे आहेत.

साहित्य :

- १/४ वाटी ज्वारी
- १/४ वाटी बाजरी
- १/४ वाटी गहू
- १/४ वाटी नाचणी
- १ बारीक चिरलेला कांदा
- १ बारीक चिरलेला टोमॅटो
- १/२ चमचा चाट मसाला
- १ चमचा लिंबाचा रस
- मीठ
- लाल तिखट किंवा गूळ आवश्यकतेनुसार
- सजावटीसाठी कोशिंबीर



कृती :

- सर्व धान्ये रात्रभर भिजवत ठेवावीत.
 - भिजवलेली धान्ये कुकरमध्ये शिजवावीत.
 - त्यावर बारीक चिरलेला कांदा, टोमॅटो, मीठ, चाट मसाला, लिंबाचा रस, इत्यादी घालावे.
- ही कोशिंबीर तिखट किंवा गोड अश्या दोन्ही प्रकारे बनवली जाऊ शकते. तिखट चवीसाठी मिर्चीपूड अन्यथा गोड चवीसाठी गूळ घालावे. शहरी चाटची चटक असणाऱ्यांसाठी यामध्ये खजूर चिंचेची चटणी देखील घालता येऊ शकते.
- गहू व बाजरी ही उष्ण प्रकृतीची धान्ये होत तर ज्वारी व नाचणी ही थंड प्रकृतीची धान्ये होत म्हणूनच ऋतुनुसार या धान्यांचे प्रमाण कमीजास्त करावे.
- तर अशाप्रकारे बनवली जाणारी धान्यांची कोशिंबीर न्याहारीसाठी एक उत्तम पर्याय आहे.

मृण्मयी प्रभू ७ डेझीज

मराठी मीम्स



गजगड शिवनेरी पुंरंदर सिंधुदुर्ग सिंधुदुर्ग शिवनेरी सिंधुदुर्ग शिवनेरी
 पुंरंदर गजगड शिवनेरी गजगड पुंरंदर प्रतापगड शिवनेरी गजगड
 महाराष्ट्र दिन सिंधुदुर्ग महाराष्ट्र दिन किल्ले महाराष्ट्र किल्ले
 गजगड महाराष्ट्र महाराष्ट्र पुंरंदर शिवनेरी महाराष्ट्र किल्ले
 महाराष्ट्र पुंरंदर महाराष्ट्र महाराष्ट्र पुंरंदर गजगड महाराष्ट्र किल्ले
 महाराष्ट्र किल्ले महाराष्ट्र पुंरंदर महाराष्ट्र किल्ले महाराष्ट्र किल्ले
 प्रतापगड महाराष्ट्र महाराष्ट्र शिवनेरी महाराष्ट्र
 पुंरंदर सिंधुदुर्ग प्रतापगड महाराष्ट्र शिवनेरी महाराष्ट्र
 गजगड शिवनेरी महाराष्ट्र महाराष्ट्र
 महाराष्ट्र शिवनेरी पुंरंदर महाराष्ट्र

महाराष्ट्र दिन

अनिष कंदारकर
 ९ टयुलिप



‘मासा’ आणि ‘माशी’

‘मासा’ आणि ‘माशी’
यांचा परस्परांशी काहीही संबंध नाही;



पण शब्दांची गंमत अशी की,
‘माशा’ला स्त्रीलींगी शब्द नाही
आणि ‘माशी’ला पुल्लींगी शब्द नाही.



त्यातही गंमत अशी की,
ही दोघेही ‘कोळ्या’च्या जाळ्यात अडकतात.
पण त्या दोन्ही ‘कोळ्या’चा एकमेकांशी काहीही संबंध नाही.

याशिवाय आणखी एक गंमत म्हणजे
‘माशा’ची आमटी आवडीने खाणारे
आमटीत ‘माशी’ पडली तर आमटी फेकून देतात.

आर्चित भोईर
९ ट्युलिप

शिक्षण : एका वेळी जगाचे एक पाऊल बदलणे

परिचय : शिक्षण हे सकारात्मक बदलासाठी एक शक्तीशाली साधन आहे, जे जगभरातील समाजामध्ये प्रगती आणि विकासाचा आधारस्तंभ आहे. व्यक्ती, समुदाय आणि राष्ट्रांवर शिक्षणाचा परिवर्तनात्मक प्रभाव अतिरिजित केला जाऊ शकत नाही. ज्ञान, गंभीर विचार कौशल्ये आणि सामाजिक जबाबदारीची जाणीव असलेल्या व्यक्तींना सक्षम बनवून, शिक्षणामध्ये एका वेळी एक पाऊल पुढे करून चांगले जग घडवण्याची क्षमता आहे.

वैयक्तीक सक्षमीकरण : शिक्षण ही मानवी क्षमता उघडण्याची गुरुकिल्ली आहे. हे आधुनिक जगाच्या जटिलतेवर संचालन करण्यासाठी आवश्यक कौशल्ये व्यक्तींना सुसज्ज करते. शिक्षण सर्वांना गंभीरपणे विचार करण्याची, समस्या सोडवण्याची आणि माहितीपूर्ण निर्णय घेण्याची साधने प्रदान करते. हे सशक्तीकरण लोकांना अर्थपूर्ण कारकीर्द बनवण्यास, आर्थिक विकासात योगदान देण्यास आणि सक्रिय आणि माहितीपूर्ण नागरिक म्हणून व्यस्त ठेवण्यास सक्षम करते.

गरिबीच्या साखळ्या तोडणे : गरिबीचे चक्र तोडण्यासाठी शिक्षण ही एक शक्ती आहे. दर्जेदार शिक्षणाचा प्रवेश उपेक्षित आणि वंचित समुदायांना उज्वल भविष्यासाठी मार्ग प्रदान करतो. सामाजिक, आर्थिक पाश्चिमाती पक्षांना न करता सर्वांना समान शैक्षणिक संधी उपलब्ध करून देऊन, लोकांना गरिबीतून बाहेर काढण्यासाठी सक्षम बनवते. ज्यामुळे कुटुंबांवर आणि संपूर्ण समुदायांवर सकारात्मक परिणाम होतो.

जागतिक नागरिकत्व वाढवणे : शिक्षण म्हणजे केवळ ज्ञान मिळवणे नव्हे; जागतिक नागरिकांचे पालनपोषण करण्यातही ते महत्त्वपूर्ण भूमिका बजावते. एकमेकांशी जोडलेल्या जगात, विविध संस्कृतीमधील समज आणि सहिष्णुता वाढवणे शांततापूर्ण आणि सहकारी संस्थांच्या निर्मितीसाठी आवश्यक आहे. विविध दृष्टीकोन आणि अनुभवांचे प्रदर्शन व्यक्तींना जागतिक समस्यांच्या परस्परसंबंधांचे कौतुक करण्यास मदत करते. जागतिक स्तरावर प्रोत्साहन देते.

निष्कर्ष : शिक्षण हे सकारात्मक बदलासाठी आशेचे किरण आहे, जे एका वेळी एक पाऊल पुढे करून जग बदलण्यास सक्षम आहे. व्यक्तींचे सशक्तीकरण करून, गरिबीच्या साखळ्या तोडून, जागतिक नागरिकत्वाला चालना देऊन, नवनिर्मिती करून शिक्षण संवेदनशील जग निर्माण करण्यासाठी उस्फूर्त बनते. प्रत्येक व्यक्तीला मानवतेच्या सामूहिक प्रगतीमध्ये अर्थपूर्ण योगदान देण्याची संधी मिळावी यासाठी सरकार, धोरणकर्ते आणि समुदायांनी शिक्षणाला प्राधान्य दिले पाहिजे आणि त्याच्या परिवर्तनाची क्षमता बंद न करता त्यात गुंतवणूक केली पाहिजे. असे केल्याने भविष्याचा मार्ग मोकळा होईल.

श्रीष्टी नावेंकर ९ टयुलिप



पिढीपिढीतील बदल

“आमच्या वेळेला बाई असं नव्हतं.”

हे किंवा असे वाक्य दर पिढीला आपल्या पूर्वीच्या पिढीकडून ऐकू येतं. दर पिढीत बदल हे होतातच परंतु सध्याचा काळ इतका पटकन बदलत आहे की सगळ्याच क्षेत्रात खूप अंतर दिसून येते. शिक्षण, आर्थिक व सामाजिक परिस्थिती, दळणवळण, लोकांचे आचारविचार, खाणपिण, आरोग्य अगदी प्रत्येक विषयात खूपच फरक या वीस-तीस वर्षात पडला आहे. ही वस्तुस्थिती आहे.

पूर्वी आजी म्हणायची की आम्ही खूप खेळायचो, अभ्यास असायचा पण आजच्यासारखे ओझे किंवा ताण नव्हता. शिक्षकांचा, पालकांचा, शेजाऱ्यांचा सगळ्यांचा धाक असायचा पण मजा असायची. आजकालच्या मुलांना धाक नाहीच आईवडिलांना, शिक्षकांना ती घाबरत नाहीत. यामुळे ती वाईट मार्गाला जाऊ शकतात.

पूर्वी वर्तमानपत्र क्वचीतच यायचे टी.व्ही. वरून बातम्या समजायच्या, राजकारण कळायचे. पण आता टेक्नोलॉजीमुळे, मुलांच्या ज्ञानात खूप भर पडली आहे. मुले मोबाईल व इंटरनेटद्वारे लवकर प्रगल्भ होतात. पूर्वीचा मध्यम वर्ग आता उच्च मध्यम वर्ग बनला आहे. पैसा जास्त असल्याने आधीच्या मानाने जास्त सुखसोई व चैनबाजी होते. पूर्वी शाळेत जाताना दोन-दोन मैल चालायचे आणि मैदानी खेळ खेळायचे. आता टी.व्ही, मोबाईल व वाहनामुळे शारीरिक कष्ट घेतले जात नाहीत तसेच अभ्यास व ट्युशनमुळे खेळ बंद झालेत त्यामुळे या पिढीत लठ्ठपणासारखे आजार वाढलेत व आरोग्यावर विपरीत परिणाम झालेले दिसून येतात.

पूर्वी सुट्टी पडली की आजोळी आणि इतर नातेवाईकांकडे जायचे. मित्र व ओळखीच्या लोकांना भेटायचे. आता सुट्टीत हिलस्टेशन किंवा फॉरेन टुर करतात. सणासुदीला कोणाच्या भेटीगाठी सुद्धा कमीच होतात जो तो आपल्याच विश्वात. एका घरात असून देखील आजी, आजोबा, आई, बाबा, मुले प्रत्येकजण आपआपल्या खोलीत यामुळे संवाद आणि नाती यात खूप मोठे अंतर पडत चालले आहे.

या सर्वांवर उपाय काय? आजच्या पिढीने आता अभ्यास आहेच, पण खेळासाठी जरूर वेळ काढावा. टि.व्ही. मोबाईलचा वापर कमी करून घरच्या लोकांना, मित्रांना वेळ दयावा. देव घर्मावर विश्वास ठेऊन सण, समारंभ, पूजा इत्यादीत सक्रीय सहभागी व्हावे. यातून ताण कमी होतो. परदेशापेक्षा आपल्या देशातच राहून जास्त प्रगती करावी. (आपली आणि देशाची). पाश्चात्य खाणे पिणे सोडून सकस घरगुती अन्न घ्यावे त्याने आरोग्य चांगले राहिल आणि पूर्वीसारखे सगळे आनंदी, समाधानी व गुण्यागोविदाने राहू.



तनिष्का गिडे
९ डेझीज



शिक्षण यशाची किल्ली

शिक्षण हे एक शक्तिशाली शस्त्र आहे. जे एखादया व्यक्तीच्या जीवनातील प्रतिकूल परिस्थितीमध्ये मदत करते आणि यश मिळविण्यासाठी गरिबी, भीती, स्थिती यासारख्या सामाजिक कलंकावर मात करते. शिक्षण हे सर्वाधिक जगात सर्वोकृष्ट देशांसाठी विकास आणि यशाची आशा आहे. अनिवार्य शिक्षण उत्तम वाढ आणि विकासाची व्याप्ती करते. मुलांसाठी शिक्षण हा एक अत्यावश्यक घटक आहे कारण ते जगाचे भविष्य आहेत आणि त्यांना समाजातील चालू घडामोडीची माहिती असणे आवश्यक आहे. चांगल्या पगाराच्या नोकऱ्या मिळविण्यासाठी, लैंगिक समानता वाढवण्यासाठी आणि कमी भाग्यवानांसाठी सर्वसमावेशक समाज निर्माण करण्यासाठी शिक्षण आवश्यक आहे. बालमजुरी, बालविवाह, हुंडा यासारख्या सामाजिक समस्या योग्य वयात शिक्षणाने दूर केल्या जाऊ शकतात. राष्ट्राच्या विकासासाठी शिक्षण हे महत्त्वाचे साधन आहे. मुलांचा सर्वांगीण विकास त्याला /तिला दिलेल्या शिक्षणावर अवलंबून आहे.

तरल घरत
७ डेझीज



HINDI CONTRIBUTIONS

हिंदी

लिखें. पढ़ें. बोलें. गर्व करें.



विद्यालय की पत्रिका छप रही है,
मिला मुझे समाचार।
सोच रही हूँ कि मैं भी लिख दूँ,
रचनाएँ दो-चार।
पूछा, मम्मी विषय बताओ,
या कोई प्रसंग।
जिसे पढ़े मज़े में सब,
और हो ना कोई तंग।

कविता लिखूँ, कहानी लिखूँ,
या फिर कोई लेख।
इसी सोच में बैठी मैं,
सिर तकिये पर टेक।
इन्हीं विचारों में खोया,
जब दिमाग होने लगा खराब।
तब टूटे-फूटे शब्दों से,
कविता हो गई तैयार।

— माही अग्रवाल
कक्षा — दसवीं (डेज़ीज़)

कथा
लिखूँ?





माँ

बचपन को मैं जब याद करूँ,
हर लम्हा फरियाद करूँ,
कोई नहीं तुझ जैसा माँ,
क्यों झूठी मैं बात करूँ।

मेरे दिन की शुरुआत से पहले,
प्यार तुम्हारा पाकर मेरा दिल बहले,
मेरी हर तमन्ना को जान गई तुम,
मेरी हर ज़िद को मान गई तुम।

रोता मैं दर्द में तो तड़पना तुम्हारा,
सोता मैं बीमारी में तो आस लगाकर जगना
तुम्हारा,
शिकन मेरे चेहरे पर जब भी आई,
चूम-पुचकाकर मुख पर हँसी लाई।

माँ की ममता है न्यारी,
जग में सबसे है प्यारी,
जीवन के हर मोड़ पर मिले साथ तुम्हारा,
पाऊँ मैं सफलता ऐसा है विश्वास मेरा।

करूँ गर्व से ऊँचा उनका माथा,
सुनकर उनसे प्रेरक गाथा,
पग-पग मिलती रहे उन्हें हर खुशियाँ,
बस यही है एक प्रार्थना,
जी -जान से कोशिश करके,
पूरी करनी है उनकी हर एक कामना।

— पवित बाफना
कक्षा -पाँचवीं (वायलेट्स)

मेरा गाँव

गाँव मेरा हरियाली से भरा,
लगता मुझे निराला प्यारा,
नीम, पीपल, बबूल, आम,
पंछियों की चहक होती सुबह-शाम।

चहचहाती चिड़िया बोले,
गौरेया अपना घोंसला सँवारे,
कल-कल बहती नदियाँ प्यारी,
मिट्टी की सौधी सुगंध न्यारी।

स्वच्छ पवन लहराता है,
गली-गली महकाता है,
अरुणोदय का होता दर्शन,
तन-मन होता मेरा पावन।

पूजा-अर्चना मोतियों का ठाट,
संस्कारों का मिलता पाठ,
तुलसी के दर्शन सुबह-शाम,
जैसे हो जाते चारों धाम।

मस्ती में झूमे किसान सच्चे दिलवाले,
बैलों के गले के घुँघरू बोले,
चल अपने कर्तव्य का पालन करें,
विश्व का भरण-पोषण करें।

टिमटिमाते आकाश के तारे,
जो रात के अँधेरे को सँवारे,
जुगनूओं की आती सवारी,
तो रात होती बड़ी प्यारी।

दादा-दादी जी सुनाएँ कहानियाँ,
माँ की लोरियों से आती निंदिया,
चाचा-चाची जी का प्यार दुलारा,
अटूट रिश्ता है भाई-बहनों का हमारा।

— संचित पाटील
कक्षा - छठवीं (डेजीज)

परियाँ

आँखों के गहरे सागर में,
जब निदिया रानी आती है,
प्यारी-प्यारी बच्चियों को भी,
सपनों में ले जाती है।

धीरे-धीरे हाथ पकड़ कर,
मुझे अपने संग ले जाती है,
अपनी सुनहरी दुनिया की,
फिर मुझको सैर कराती है।

बादलों के बीच घिरे एक,
रहती हैं, महल में परियाँ,
आओ झूमे, नाचे, गाएँ,
कहती हैं परियों की रानियाँ।

जादू की यह दुनिया है,
यहाँ न कोई रोता है,
गुड़िया, खिलौने, चॉकलेट, आईस्क्रीम,
जो माँगो वह मिलता है।

आँखों के खुलते ही,
जब यह दुनिया कहीं खो जाती है,
तब रोज़ सुबह माँ से पूछती हूँ,
क्या परियाँ सचमुच होती हैं?

कहती हैं माँ गले लगाकर,
परियाँ सचमुच होती हैं,
अच्छी-सच्ची, रानी बिटियाँ,
माँ की परियाँ कहलाती हैं।

— मेधा बागलकोट

कक्षा — छठवीं (ट्युलिप्स)



साथी मेरा स्वस्थ शरीर



शरीर को स्वस्थ बनाना है,
तो जंक फूड नहीं खाना है।
चमकता चेहरा अपनाना है,
तो खूब सलाद खाना है।

हड्डियों को मज़बूत रखना है,
तो खूब दूध पीना है।
दवाइयों से दूर रहना है,
तो फलों का रस पीना है।

नहीं खाओगे पौष्टिक आहार,
तो तुम रहोगे बीमार।
अपनाओगे पौष्टिक आहार,
तो तुम कर लोगे मुश्किलें पार।
इसलिए साथी मेरा स्वस्थ शरीर,
साथी मेरा स्वस्थ शरीर।

– माही अग्रवाल

कक्षा – दसवीं (डेज़ीज़)



शिक्षा में आए बदलाव

'बदलाव' जिसे परिवर्तन भी कहा जाता है, यह संसार का एक नियम है। यह हर समय, हर स्थान और हर क्षेत्र में होता है, जिसमें से एक है 'शिक्षा'। शिक्षा मानव जीवन का वह अभिन्न अंग है, जिसके बिना अशिक्षित मानव को समाज में अवश्य ही एक अधोदृष्टि से देखा जाता है। आज के युग में तो शिक्षा बहुत मूल्यवान हो गई है। उसके बिना मनुष्य जीवन कठिन है। शिक्षा मानव जीवन के हर पहलू पर सकारात्मक प्रभाव डालती है एवं मानव का व्यक्तिगत व सामाजिक उद्धार करती है। बहुत ऊँचे स्तर की न सही किंतु प्राथमिक शिक्षा तो अति आवश्यक है।

“ शिक्षा से मनुष्य निखरता है,
शिक्षा से अज्ञान बिखरता है,
शिक्षा में इतनी शक्ति है कि,
शिक्षा से पापी भी सुधरता है। ”

जिस प्रकार हर क्षेत्र में बदलाव आया है, उसी प्रकार शिक्षा भी इस बदलाव का एक हिस्सा बन गई है। अगर आज से पचास—साठ वर्ष पूर्व देखा जाए, तो उस समय शिक्षा का रूप कुछ और ही था। शिक्षा की प्राप्ति मात्र ही सबके सामर्थ्य में नहीं थी। उस समय जो शिक्षा प्राप्त कर पाता था, उसे सब बहुत ऊँचा समझते थे एवं बहुत अधिक महत्त्व देते थे। आज के समय में तो भारतीय सरकार ने चौदह वर्ष की आयु तक सभी बच्चों के लिए शिक्षा को निःशुल्क एवं अनिवार्य कर दिया है। उस समय में पुस्तकों का वजन बहुत होता था और आज पुस्तकों का वजन कम हो गया है, लेकिन विद्यार्थी पर उसके माता—पिता, रिश्तेदार एवं समाज आदि का तनाव बहुत बढ़ गया है, जो पहले नहीं था। यह मेरी दृष्टि से शिक्षा में आए हुए प्रमुख बदलावों में से एक है।

शिक्षा—नीति में भी परिवर्तन आया है। उस समय की शिक्षा—नीति उतनी रोचक नहीं थी, जितनी आज हो गई है। आज के समय का पाठ्यक्रम एक विद्यार्थी को ध्यान में रख कर बनाया गया है। पहले की तुलना में वर्तमान समय के अध्यापक एवं अध्यापिकाओं के पढ़ाने और ज्ञान प्रदान करने के तरीके में काफी बदलाव आ गया है। अध्ययन—अध्यापन पद्धति में नई—नई आधुनिक तकनीकियों का प्रयोग किया जाता है। मेरे अनुसार, इसी कारण छात्रों की पढ़ाई पहले की तुलना में अधिक रोचक व सरल बन गई है एवं ज्ञान प्राप्ति भी कुशलता से व सहजता से हो पाती है। आज के समय में शिक्षक अपने छात्रों को मूल्यपरक किस्से या बातें, आदर्श व्यक्तियों के उदाहरण या उनकी जीवनी आदि बताते हैं, जो बहुत प्रेरणादायक होती है। पढ़ाने के अंदाज़ के रूप में कई बार शिक्षक कुछ चुटकुले, कोई मजेदार किस्सा आदि बता देते हैं। जिससे कक्षा का माहौल तनाव मुक्त बन जाता है और छात्रों की पढ़ाई तनाव रहित होती है। इन सभी कारणों से परीक्षाओं में अंकों की प्राप्ति इतनी सरल हो गई है कि हर दस में से सात विद्यार्थी बहुत अच्छे अंक लाते हैं। आज की शिक्षा नीति वास्तविक एवं प्रयोग करने वाले ज्ञान को प्रदान करने का अधिक काम करती है, जो पहले नहीं था।

शिक्षा में आए बदलाव

शिक्षा में आया हुआ और एक बदलाव है—शुल्क। पहले के समय में विद्यालयों और महाविद्यालयों का शुल्क आज की तुलना में बहुत कम था। वर्तमान समय में धनी वर्ग विद्यालयों और महाविद्यालयों के भारी शुल्क का भुगतान कर सकता है परंतु समाज का मध्यम वर्ग आर्थिक रूप से परेशान हो जाता है। भारी शुल्क का भुगतान करने में अगर मध्यम वर्ग की यह दशा है, तो समाज का निम्न वर्ग जो आर्थिक रूप से असक्षम है, वे तो अपने बच्चों को अच्छे विद्यालय में अच्छी शिक्षा दे पाने के बारे में सोच भी नहीं सकते। इस कारण समाज में अशिक्षित लोगों की संख्या बढ़ती जा रही है, जो 'निर्धनता' को जन्म देती है क्योंकि शिक्षा मनुष्य को रोजगार में सफलता हासिल करने की अधिक संभावनाएँ प्रदान करती है, जिससे मनुष्य आर्थिक रूप से सशक्त बन जाता है।

“शिक्षा आगे ले जाती है,
शिक्षा सबको सिखाती है,
शिक्षा प्रतिभा को दिखलाती है,
शिक्षा आँखें खुलवाती है,
शिक्षा जीवन से अंधकार हटाती है,
शिक्षा सपने दिखाती है,
शिक्षा उजियारा फैलाती है,

अगर शिक्षा सबको मिले तो, उससे देश की प्रगति सर्वाधिक हो जाती है।”

उपर्युक्त आठ पंक्तियाँ शिक्षा का महत्त्व स्पष्ट रूप से बताती हैं। इन आठ पंक्तियों को लिखने का उद्देश्य आप पाठकों को इस बात से परिचित कराना है कि चाहे शिक्षा का महत्त्व उसके बदलाव के पहले का हो या उसके बदलाव के बाद का हो, वह न कम हुआ था, न कम हुआ है और न कभी कम होगा। शिक्षा में जितने भी बदलाव आए हैं, उन्हें आने वाले नए युग और संसार के परिवर्तन के प्राकृतिक नियमों के साथ अवश्य आना था। इस बदलाव में अपने आपको किस प्रकार ढालना है, यह हमारे हाथ में है और इससे हम अपना हित साध सकते हैं। अगर हम अपने आपको अच्छी तरह शिक्षा में आए बदलावों में ढालें तब अवश्य ही हमारा, हमारे परिवार, समाज एवं हमारे देश का कल्याण होगा।

— हर्षित क्रांति

कक्षा— दसवीं (ललिज)

वेज अंडे

वेज अंडे बनाने के लिए आवश्यक चीजें -

- १) २०० ग्राम पनीर
- २) चुटकी भर हल्दी पाउडर
- ३) ७ मध्यम आकार के आलू
- ४) ब्रेड के ६ स्लाइस
- ५) १/२ बड़ा चम्मच लाल मिर्च पाउडर
- ६) नमक (स्वादानुसार)
- ७) २०० मि.ली. खाना पकाने का तेल

- ➔ २०० ग्राम पनीर को मेश कर लीजिए और उसमें चुटकी भर हल्दी पाउडर डाल लीजिए। अब उसे अच्छे से मिला ले।
- ➔ उसके ६ छोटे-छोटे बॉल्स बना ले।
- ➔ उन बॉल्स को २० मिनट के लिए फ्रीजर में रख दीजिए।
- ➔ उसके बाद ७ मध्यम आकार के आलू को एक चुटकी नमक के साथ उबाल ले।
- ➔ उबालने के बाद आलू को बिना पानी और बिना छिलके के मेश कर लीजिए।
- ➔ उसमें चुटकी भर नमक और १/२ बड़ा चम्मच लाल मिर्च पाउडर डालकर उसे अच्छे से मिला ले।
- ➔ फ्रीजर में रखे हुए पनीर के बॉल्स निकाल ले और उनके ऊपर मेश किए हुए आलू लगाकर पनीर के बॉल्स को कवर कर ले।
- ➔ अब ६ सफेद ब्रेड ले लीजिए और उनके बॉर्डर काटकर उन्हें पानी में भीगो ले।
- ➔ आलू के बॉल्स को ब्रेड से ढक ले।
- ➔ अब एक कढ़ाई में २०० मि. ली खाना पकाने का तेल डाल ले।
- ➔ तेल गरम होने के बाद तेज़ आँच पर वेज अंडों को डीप फ्राई करे।
- ➔ अब वेज अंडों को हरी चटनी के साथ परोसे।

गरीमा सिंह राठोड़
कक्षा - छठवीं (ट्यूलिप्स)





**ENGLISH
CONTRIBUTIONS**

ARTICLES

POEMS AND ESSAYS

CHANGE

Change is a natural and inevitable aspect of life. It presents itself in various forms—personal, societal, environmental, and technological—shaping and transforming the world we live in. While change can bring uncertainty and discomfort, it is also the catalyst for growth, progress, and renewal.

At a personal level, change often requires one to step out of their comfort zone and confront the unknown. We are as quick as rabbits to demand change from others, but we are as slow as a snail to change ourselves. It can be intimidating to leave behind familiar routines, relationships, and ways of thinking. However, it is through change that individuals learn new skills, acquire knowledge, and expand their horizons. Whether it is pursuing higher education, changing careers, or moving to a different city, these transformative experiences shape individuals into more resilient, adaptable, and empathetic beings. Change pushes people to challenge themselves, confront their fears, and discover their true potential.

On a societal level, change is at the heart of progress and improvement. Through the ages, societies have undergone major shifts in cultural norms, political systems, and technological advancements. The struggle for civil rights and women's suffrage are examples of societal changes that have resulted in greater equality and justice. These movements often arise from dissent and the recognition that the status quo is no longer acceptable. While change may create tension and resistance from those who fear disruption, it is through these challenges that societies evolve and become more inclusive, compassionate, and forward-thinking.

Environmental change is perhaps one of the most pressing issues of our time. Human activities have precipitated climate change, deforestation, and the depletion of natural resources. The need for society to undergo a significant environmental change—such as transitioning to renewable energy sources and adopting sustainable practices—is paramount to ensure the survival and well-being of future generations. This change requires individuals, governments, and businesses to rethink their actions, consume responsibly, and prioritize the preservation of our planet. It is through embracing this change that we can strive for a healthier and more sustainable world.

Technological change is an ever-present force that continually shapes the way we live and work. From the industrial revolution to the digital age, advancements in technology have revolutionized industries, transformed communication, and accelerated globalization. While these changes have brought about significant benefits, such as increased efficiency and accessibility, they have also disrupted traditional industries, displacing workers and raising ethical dilemmas. However, technological change presents opportunities for innovation, collaboration, and the development of new skills necessary for the modern workforce. As we embrace technological change, it is crucial to find a balance between progress and maintaining the human connection that is essential for our well-being.

In conclusion, change is an integral aspect of life that propels us forward, even in the face of discomfort and uncertainty. Whether it is personal, societal, environmental, or technological, change challenges us to grow, adapt, and create a better world. It is through change that we can learn from our mistakes, correct course, and achieve progress. Therefore, embracing change and embracing the possibilities it presents is crucial for our own development and the betterment of society.

- ANANYA NAIR, 9 LILIES



FIGHT POLLUTION. SAVE THE ENVIRONMENT

The environment is just as important as us. Without the environment, we human beings and animals would not live. The environment is always ready to help us.

The environment is being attacked by us humans. There are three types of pollution: air pollution, noise pollution and water pollution. Let us now see how these three pollutions are harmful to us and the earth.

Air pollution: Air pollution can cause diseases like asthma, bronchitis, lung cancer and many others that are very harmful to us. Air pollution can be caused by cars, factories and all the other things that release smoke and other gases like nitrogen etc. Air pollution can also cause global warming

Noise pollution: Noise pollution can cause one problem and that is becoming deaf. This can be caused by a loud sound going into your ears and breaking your eardrums. Air pollution can be caused by honking of cars, loud sirens and fireworks.

Water pollution: Water pollution can be caused by toxic liquids and waste material dumped from factories, homes and other small-scale industries. Water pollution can be harmful for us human beings and animals in water, and make the fish die. The impurities in water can make us sick.

Here are some ways in which we can reduce pollution: walk or ride a bicycle to reduce air pollution, avoid loud music and unnecessary honking to reduce noise pollution. Try to pick up trash from the beach, and avoid dumping trash into water bodies to avoid water pollution.

Let us together strive to 'fight pollution and save the environment'.

- JOB THOMAS MAXLIN, 4 LILIES



HARD WORK

H is for haste which makes waste
A is for attention which is needed the most
R is for ready and it should be started right away
D is for duty that should be done well

W is for work that we should not be ashamed of
O is for order that makes things run smoothly
R is for regularity that we should practise every day
K is for knowledge that we gain this way

NINOSHKA REBEIRO
- 5 VIOLETS



HOW TO CHANGE THE WORLD STEP BY STEP

'A journey of a thousand miles begins with a single step'. Changing the world is a huge task but it can be made possible if we take small steps towards this huge goal. Our thoughts and actions can make a big difference in achieving this dream. Global warming is one of the biggest challenges being faced by our world today. The smallest step we could take towards tackling it, is by planting a seed every year. This way we can add so many more trees to our surroundings. We need to also focus on keeping our environments clean. We should dump waste into litter bins. We can take a small step by keeping our homes and surroundings clean. We can segregate the waste into wet and dry. This allows the waste to get decomposed in a proper manner. Say no to plastic. We have to stop using plastic bags and water bottles. Plastic is not environment friendly as it destroys the environment. Another step we can take is to stop wasting water. If each of us uses water carefully, it can create a huge impact on conserving water. We must not pollute our water bodies by dumping waste in it. Water is precious and it is essential to save water in order to protect our world. Education is another weapon to change the world as said by Nelson Mandela. It provides knowledge and skills that enable people to know their rights and duties towards their family, society, and the world. A well-educated person can take necessary steps in order to make a well-developed nation and the world at large. Another important step we can take towards saving our world is to live in peace and harmony. In this way we can prevent the horrible wars and the pain and destruction caused by them. These are little steps we can take to change the world.

- DANIEL D'SOUZA, 4 DAISIES



Take one Step
at a time



A TOOL TO CHANGE THE WORLD

Kindness means being friendly, caring and willing to help without wanting anything in return. Acts of kindness can make the world a better place. It is an admirable virtue. It is the ability to have a positive impact on others.

To have peace around the world, we first need to develop in ourselves a sense of compassion towards others. If we are kind and understanding to even strangers, we will be able to create empathy for them and help them overcome difficult situations. Being kind can also boost your own happiness levels. We are all born with kindness but what really matters is how we foster it as we grow.

BE THE CHANGE YOU WANT TO SEE.

DEANDRA FERNANDES, 4 LILIES



IF YOU REALLY KNEW

**If you really knew,
you would not continue,
cutting trees, battles and wars,
living life by breaking laws.**

**If you would stop and look around,
you would hear the crying sound.
If you could stop and help a person,
you would be the considerate one.**

**If you would have the courage,
to do what is right,
you would be kind enough not to judge,
and smile and make someone's day bright.**

**If you would have empathy,
and always showed someone sympathy,
the world would be a better place,
even though we all are in a race.**

DEANDRA FERNANDES, 4 LILIES



A SINGLE ACT OF KINDNESS CAN CHANGE THE WORLD

Kindness that carries a heavy message
Is the cheapest of all deeds
And costs least sacrifice, but if sincere,
Induces all the pleasing emotions of the soul – love, truth, compassion
Kindness alone can lift the soul high enough
Act of kindness of a loving heart
Builds a bridge if grateful thoughts
That can weather the times of storm
Keeping alive the spirit of hope and dreams
Act of kindness is act of divine
That can bring rays of sunshine
To fill any heart with lasting power
To face the world with shield of armor
I looked for the good things in mankind
Found problems that unsolved mind
I closed my eyes and tried to ignore I saw
The way I closed eyes was but a major flaw
Patriotism and Egoism made people fight
Bloodshed and ruthless war gave us fright
It brought pain, hatred and moral death
Left no love, no peace, and no true faith
Before it's too late, stretch up your hand
We shall together make paradise this world
Evolving and evolving, being bold
Hands together we can change the world
One act of kindness can save the world



CRUNCHY SPROUT SALAD WITH FRESH FRUITS

Hi friends! I want to tell you about the best salad ever! My dad, who is the coolest chef ever, shared this recipe with me. He is my hero and inspires me a lot. He makes the yummiest food, and I love helping him in the kitchen!

Here is a Crunchy Sprout Salad with Fresh Fruits shared by my amazing dad. It is healthy and delicious, just like a happy rainbow in a bowl!

Instructions:

- Wash the sprouts, chop the veggies and dice the fruits carefully. Get a grown-up to help with chopping if needed.
- Mix the sprouts, veggies and fruits in a big bowl. It's fun to see all the colours together!
- Tear the fresh herbs into smaller pieces and add them to the bowl. They make the salad smell and taste so fresh!
- In a separate bowl, mix together the lime juice, olive oil, salt, pepper and sugar. Stir it all up until it becomes a yummy dressing.
- Pour the dressing over the salad and gently toss everything together. I like using big spoons to mix it all up.
- Time to enjoy! Serve the salad on a bed of crunchy iceberg lettuce in pretty bowls or plates. It looks like a colourful masterpiece. My dad says making this salad together is like creating a healthy treasure. It is super tasty and makes us all smile. I hope you try making this salad with your family – it is not just about food; it is about having fun and making yummy memories together!

- KEEGAN FERNANDES, I VIOLETS

Ingredients:

- 1 cup of crunchy sprouts (mung bean)
- 2 cups of colourful veggies (chopped onion, tomato, cucumber, sliced purple cabbage)
- 2 cups of fresh fruits (diced apple, pineapple, oranges, pomegranate, grapes)
- A handful of fresh herbs (basil or mint leaves)

Dressing:

- 4 tbsps of fresh lime juice
- 4 tbsps of extra virgin olive oil
- Salt, Pepper & sugar to taste



HOW EDUCATION IS CHANGING THE WORLD

Education is like a super power that is changing our world in incredible ways! When we learn new things in school, it is like gathering tools for a grand future adventure.

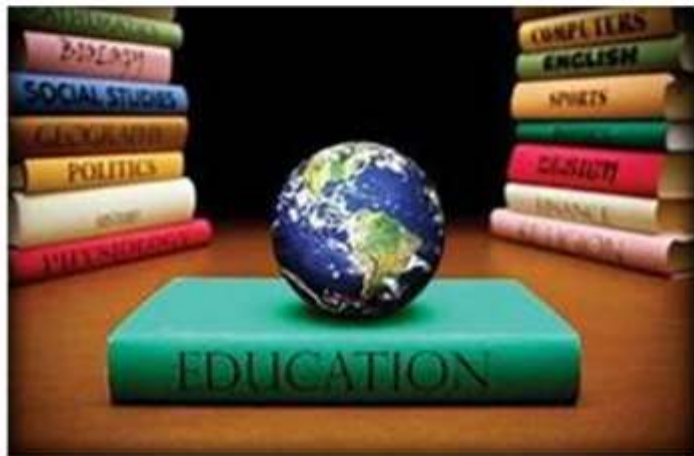
Firstly, education makes our brains super strong! We learn all sorts of amazing things like reading, writing, math, science, and even how to be creative. These skills help us understand the world better and become clever problem-solvers. But it is not just about books and numbers. Education teaches us about different cultures, histories, civilizations, and ideas. This helps us respect others and become friends with people from all around the world.

Did you know education sparks brilliant ideas? Think about all the cool inventions we have, like computers, phones, and space rockets! These were all created by very smart people who learned a lot in school.

When lots of people are educated, they can work together to solve big problems. Like figuring out how to protect nature, cure illnesses, and make sure everyone has enough food and clean water.

So, education is like a magical spell that makes us smarter, kinder, and better at making our world awesome for everyone. One day I will also join this smart force and help everyone to have a better life.

- ASHLYN IRIS DMELLO 4 LILIES



HOW NEW TECHNOLOGY IS HELPING TO CHANGE THE WORLD

New technology is like a superhero, changing our world in amazing ways! It is like having a lot of cool gadgets that make everything better and more reliable.

How do we talk to friends and family with emojis or play exciting games on our phones and tablets. It is all thanks to technology. It helps us connect with people far away and to learn many things.

Doctors use special gadgets made by technology to see inside our bodies and help us feel better. It is like having magical tools that help them figure out how to keep us healthy.

Ever dreamt of space adventures or cool robots? Well, technology helps scientists explore space and create robots that do tough jobs. It even helps protect our planet by finding better ways to use energy without hurting nature. Recently, India successfully launched Chandrayaan - 3 and Aditya - L1 that are good examples of amazing technology.

Technology makes learning super fun too. We can use computers and the internet to discover new things and learn in exciting ways. Remember how we switched to online school during covid days? Thanks to technology we could attend school even during the pandemic.

Besides, technology helps us do things faster and better. From cooking yummy food to building incredible buildings, it helps us in almost everything we do.

So, technology is like a magical toolbox full of amazing gadgets that help us play, learn, stay healthy, explore space, protect our planet, and do so much more.

- ASHLYN IRIS DMELLO, 4 DAISIES



LIFESTYLE CHANGES FOR A BETTER ENVIRONMENT

Humans, brilliant inventors and explorers, are failing to protect the environment from their own progress. We conquered the moon and AI but our Earth still hangs in the balance. This is the tragedy of the 21st century. The rate at which mankind disregards resources has tripled over the centuries. In our fast-paced lives, we mindlessly demand for 'one-time use products' as we live our lives 'on the go'. Alarming, the products we leave behind don't disappear in reality as they do instantly in our minds. They clog up our drains and pile up on our landfills, resulting in menace. The climate crisis is evident from the unbearable heat waves and tropical storms that are more frequent now than ever.

Man is commanded to rule over God's majestic creation in a way that sustains the work of his hands. In Genesis 1:28, God instructs humanity to fill the earth and subdue it. This command implies the responsibility to care for and protect the earth and its resources. Furthermore, recycling aligns with the biblical principle of love for our neighbour. By recycling, we reduce the pollution and environmental damage that negatively impact the health and well-being of communities.

In conclusion, "Recycle for the Lifestyle" is a call to action, urging individuals, communities, and nations to prioritize recycling and sustainable practices. It is a timely reminder of our responsibility to be good stewards of God's creation and to demonstrate love for our neighbours. As we embrace the concept of recycling, we can contribute to a healthier, greener, and more sustainable world for ourselves and generations to come. Remember, as Proverbs 11:30 states, "The fruit of righteousness is a tree of life, and the wise one saves lives.

Let us be wise and change our lifestyle for a better environment.

- KEITH SOANS, 6 DAISIES



NATURE

Why is the Sun so big and bright?
But why is the moon so small and quiet?
Why do the birds chirp and sing their song out loud?
But why do the flowers not make a sound?

Why is the sky so big and blue?
But why is the ground brown like a shoe?
Why do the tree trunks stay ever so still?
But why do the leaves have such a thrill?

Why do humans cut down so many trees?
If nature gives us so many wonders and seas.
Why do people build houses of stone?
Soon the only thing left of us will be a pile of bones.

So let us make nature our home
And embrace the wonders unknown

NINOSHKA REBEIRO, 5 VIOLETS

NEW TECHNOLOGY



Today the world is at our finger tips,

We have access to everything.

Starting from a child's admission to his graduation,

Searching notes on Google to getting online education.

I like the fact that technology is so advanced

That I can connect online with my friends, uncle and aunt.

We can also search for some recipes, designs and destinations,

How amazing it is to get some great recommendations.

I feel blessed to be a part of today's world

Where our teachers guide us on projectors.

They show us Chandrayaan projects and teach music and rhymes,

How nice it is to be a Franciscan where every day we shine!

- RUSHANSH R. VARADKAR, 4 TULIPS

EVERY LITTLE STEP COUNTS

I closed the tap
As I brushed my teeth,
Changing the world
One step at a time

I walked to the store
And gave the car a break
Changing the world
One step at a time

I planted four seeds
In the building compound
Changing the world
One step at a time

I enjoyed the music
But stopped at ten
Changing the world
One step at a time

I switch off the lights
Once I leave my room
Changing the world
One step at a time

In paper and cloth bags
I carry my stuff
Changing the world
One step at a time

Dry waste and wet waste
I always separate
Changing the world
One step at a time

It starts with me
It starts with you
Let's all change the world
One step at a time

» Be the «
CHANGE
- you wish
to see in the
WORLD

- **CHERISE D'SOUZA, 3 -TULIPS**

A WARRIOR'S ACCOUNT OF THE STARS

Twinkling in the night sky,
They remind me of my home,
And seem to always stay with me,
No matter where I go.
Like tiny lights they flicker,
Many dying, one by one,
Like my fellow comrades
Who fight through rain and sun.

Shining little balls of gas,
They give me hope and light,
They are my only company,
While on duty at night.

They remind me of my children,
And my wife, who I adore,
And of all the memories we've made,
Under them, and more.

And as I turn homeward now,
They'll guide me on my way,
For no matter what happens,
The stars with me will stay.

**-ANOUSHKA MORZARIA
8 TULIPS**



RENEWABLE ENERGY

A Key Step Towards the Betterment of the World

The challenges facing our world today, from climate change to energy security, are immense. However, one critical step that can lead us towards a brighter future is the widespread adoption of renewable energy sources. Harnessing the power of the sun, wind, water, and other sustainable resources offers not only a path to cleaner energy but also numerous benefits for the environment, economy, and society. In this article, we will explore why embracing renewable energy is a pivotal step towards the betterment of the world.

1. Mitigating Climate Change:

Renewable energy sources, such as solar and wind power, are vital tools in the fight against climate change. They produce little to no greenhouse gas emissions, unlike fossil fuels. By transitioning to renewable energy, we can significantly reduce our carbon footprint, slow down global warming, and limit the devastating impacts of climate change.

2. Energy Independence and Security:

By diversifying our energy sources and reducing dependence on fossil fuels, we can enhance energy security. Renewable energy is domestically available in most regions, reducing vulnerability to geopolitical conflicts and price fluctuations associated with oil and gas.

3. Job Creation and Economic Growth:

The renewable energy sector has the potential to create millions of jobs globally. From manufacturing and installation to research and development, the renewable energy industry offers opportunities for economic growth and employment, revitalizing communities and supporting local economies.

4. Improved Air Quality:

Fossil fuel combustion releases harmful pollutants into the atmosphere, leading to air pollution and respiratory problems. Transitioning to renewable energy sources reduces air pollution, leading to cleaner and healthier environments for people to live and work in.



5. Sustainable Resource Management:

Renewable energy harnesses the power of sustainable resources that are constantly replenished by nature. Unlike finite fossil fuels, renewable sources are virtually inexhaustible. This sustainable approach to energy production ensures that future generations can enjoy a cleaner and more secure energy supply.

6. Technological Innovation:

Investing in renewable energy stimulates technological innovation. Breakthroughs in renewable energy technologies can lead to advancements in energy efficiency, energy storage, and other critical areas that benefit various sectors of society.

7. Community and Environmental Benefits:

Renewable energy projects often have a more minimal impact on local ecosystems and communities compared to large-scale fossil fuel operations. Solar farms, wind turbines, and hydroelectric plants can co-exist harmoniously with the environment, preserving natural landscapes and biodiversity.

Conclusion:

Embracing renewable energy is not just an energy revolution; it is a global commitment to a better world. By transitioning away from fossil fuels and investing in sustainable energy sources, we can mitigate climate change, boost our economies, and improve the quality of life for current and future generations. The path to a better world begins with harnessing the power of renewables, a step that will lead us towards a more sustainable, prosperous, and environmentally friendly future.



- DIVYAM RAWAT, 8 LILIES

THE CHOICES WE MAKE

We all should know,
so many issues we face today.
But, do we ever stop and think
what the earth thinks of us?

And if you can't, that's what I
pen to remind you about, a future
that could be Dark and Grim.
A life without clean water, air
and good health

So friends, let's stop and ponder
about the choices we make.
For the choices we make will shape our
future.

-ZEKE NORONHA 6 TULIPS



THE KINDNESS CHRONICLES

Ashlyn Dmello's Journey of Compassion

On January 8, 2014, a princess was born to lovely parents. She was the apple of their eye. Born in a big extended family, she would visit her great grandfather's house twice every year.

She grew up seeing all her family members taking care of great grandpa, in her native place. She learnt kindness, respecting elders, family love and values from her family. This made her very humble. She liked talking to elders and spending time with them. All the elderly people who she used to interact with, used to feel good and happy. When a few of them left for their heavenly abode due to various illnesses, it made this lovely princess very sad. She had always dreamt of a perfect life. Life is not always perfect, but she learnt that with her little acts of kindness, like spending quality time with others, she could bring them small bits of happiness. She aspired to become a doctor so that she could continue to spread her acts of kindness and treat people.

Yes, I am Ashlyn Dmello, and this is my story.

- ASHLYN IRIS DMELLO, 4 LILIES



THE PINE TREE

Every day, Alex and Veer would take the same shortcut through the woods. They walked around the woodshed, jumped over the stream and followed the path straight until they reached the old pine tree. From there, Alex would take a left to go home and Veer would take a right. They must have done this hundreds of times. But yesterday, they walked around the woodshed, jumped over the stream and discovered something new by the old pine tree; it was a door – a very old door with smooth worn wood and a polished golden knob. It stood up all on its own as though a house that had once supported it, had simply disappeared. Alex walked right up to it, grabbed the lion-head door knocker, rapped three times and then the door opened. It was dark, but suddenly, the lights came on and they went inside. They were frightened. There were ten doors. They went into all the ten rooms and checked each and every room one by one. In the last room, they found a treasure box. Beside the box, was its key. The key was old and rusted. They took the key and the box, went home, and decided to go to a park the next day and open the treasure box. When they opened the treasure box with its old rusted key, they found a letter in it. It read-

“Hey friends, please come to save me. I overheard some wood cutters talking. They said they would come after two days, at 2:00 in the afternoon, to cut me, then sell me and earn a good amount of money. Please save me, it’s my request.” Alex and Veer knew it was the pine tree speaking. After that, they went home and told their mothers what was going to happen to the old pine tree. After two days, Alex and Veer went to the old pine tree with their mothers and were ready before the wood cutters came. When the wood cutters came, Alex and Veer’s mothers told them not to cut the old pine tree. The wood cutters did not listen to them. Veer’s mother then told them how important trees are, as they give us oxygen, food, rubber, paper, jute etc. She told them that we should reuse, reduce and recycle. Then the wood cutters realised their mistake and apologised to them and went away. After that the door by the pine tree also disappeared, and Alex woke up from his dream.



- ARJAV SHAH, 4 LILIES

ARTIFICIAL INTELLIGENCE

The Good, The Bad and The Scary

Artificial Intelligence (AI) is machine-displayed intelligence that simulates or mimics human behaviour or thinking and can be trained to solve specific problems. AI is a combination of Machine Learning techniques and Deep Learning. Types of Artificial Intelligence models are trained using vast volumes of data. These tools have the ability to make intelligent decisions.

AI is rapidly changing the world, impacting nearly every industry and aspect of our lives. From self-driving cars to personalized medicine, it is helping us to solve some of the world's most pressing challenges and also creating new opportunities.

One of the most significant ways that AI is changing the world is by automating tasks that are currently performed by humans. This is leading to increased productivity and efficiency in many industries, as well as the creation of new jobs that require AI skills and expertise. For example, AI-powered chatbots such as Google Bard and GPT-4 are now being used to provide customer service, and AI-powered software is being used to automate tasks such as accounting and legal research.

In medicine, AI has shown its prowess in many fields, notably, disease detection, personalized medication, surgical treatment and health monitoring, among others. An example is the detection of the common yet life-threatening disease sepsis, which causes the immune system to overreact at the site of infection, often damaging cells or whole organs in the process. AI can detect sepsis as many as 6 hours before a professional can, leading to a reduction of 30% in sepsis-related mortality rates.



ARTIFICIAL
INTELLIGENCE

Contd.

Today AI is a huge part of our day-to-day lives. It is integrated in almost every technology-related item. Face unlock, for instance, is a common feature on hundreds of smartphones. It usually involves taking a few pictures of your face from different angles and using artificial intelligence to save the exact features of the face in the pictures. While trying to unlock the phone, the AI kicks in again and finds new facial features and tries to compare them to the preset photo of your face. If it is a match, the phone unlocks. Other examples include vehicle crash/object detection software, email and call spam filters, and of course, smart devices such as Alexa, Siri and Google Home.

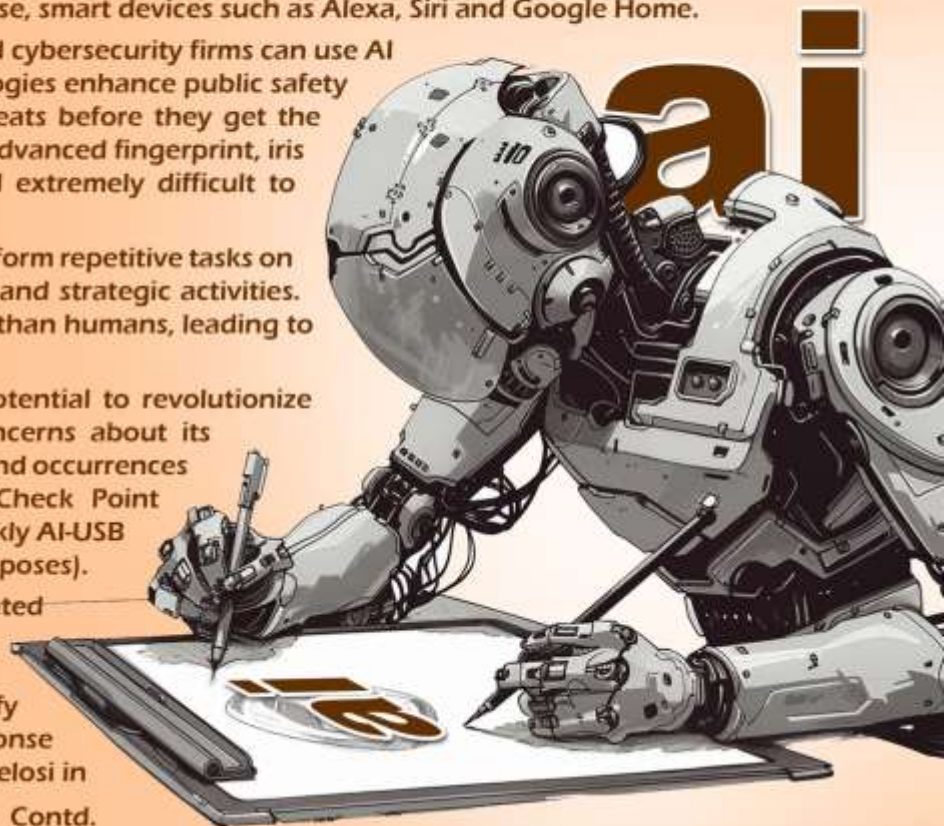
AI has been a game-changer in security. Law enforcement agencies and cybersecurity firms can use AI for facial recognition, surveillance and threat detection. These technologies enhance public safety and combat cybercrime by identifying and neutralizing potential threats before they get the chance to become dangerous. It has also been used for biometrics viz. advanced fingerprint, iris or voice recognition which are features unique to each human and extremely difficult to replicate.

In the manufacturing industry, AI-powered robots are being used to perform repetitive tasks on assembly lines, freeing up human workers to focus on more complex and strategic activities. These robots can perform tasks with greater precision and consistency than humans, leading to increased productivity and reduced errors.

However, there are always two sides to a coin. While AI has the potential to revolutionize healthcare, transportation, and many other fields, it also raises concerns about its potential misuse. As new features are rolled out regularly, the chances and occurrences of AI-related cyber-attacks keep increasing. A security report by Check Point Research in August 2023 showed that there was an 8% increase in weekly AI-USB cyber-attacks (where AI has been used in USB devices for disruptive purposes).

Another concerning use of AI are deepfakes. Deepfakes are AI-generated images, audio and videos that try to resemble a person's appearance and manner of speaking and 'impersonate' him/her in the created content. Examples of deepfakes are the Pope break-dancing in a puffy jacket as seen in a viral video, a deepfake of Mark Zuckerberg as a response to a bad decision made by Facebook and a supposedly 'drunk' Nancy Pelosi in a news conference.

Contd.



Nowadays everyone is on the internet, especially on social media platforms such as Instagram, YouTube and Facebook. AI has been integrated into these platforms to show you more content and keep you for longer viewing rates on their platform. Such AI is sometimes concerning as they use cookies and trackers to follow you around the internet and track your activity. Now you know why a flurry of related videos and ads popped up when you did that research homework!

On the lines of tracking programs, with the existing features of facial recognition, AI can be extremely dangerous with combined databases. With AI being incredibly good at identifying features of a person / animal, sensitive information from high-security databases such as roadside camera databases, certain social media / bank databases can be leaked into the hands of bad actors, and with the newest spy cameras which are less than 2 inches long (src: alfredcamera.com), people can be recorded and tracked from the so-called 'comfort of their homes'. The information can then be used to discriminate against them or sold to a data broker for commercial purposes like marketing, profiling or selling.

Unfortunately, AI is not solely to be blamed for the multiple dangers and risks it poses to society. We humans are equally responsible as AI can be incorrectly programmed and can produce unreliable, inaccurate or biased results due to poor design, improper and sometimes unacceptable data quality and format. This kind of data should be immediately investigated, and if possible, shut down or deleted. With such faulty data and incorrect predictions, AI could become a source of discontent, inconvenience and danger.

Conclusion

Artificial intelligence is a powerful and transformative technology that can have positive or negative impacts on society, depending on its use and governance. While it can have many benefits, like any other revolutionary tool, it can also pose serious risks and challenges to human rights, by collecting, analysing, predicting and influencing data and future behaviour for detrimental purposes. Therefore, it is important to ensure that AI is developed and used in a responsible, ethical, and human-centric way that respects the rights, values, and interests of all people. In conclusion, AI should be developed as a tool for human empowerment and enhancement, and not as a threat or a replacement.

- DAVID VAZ 7 TULIPS



BE THE CHANGE YOU WISH TO SEE

LIFESTYLE CHANGES FOR A BETTER ENVIRONMENT

The environment today is facing its worst crisis. Storms and floods in the Saudi desert, drought in the Amazon forests with its teeming rivers going dry, are some of the instances and situations that are unprecedented. The primitive natives of these regions, several hundred years ago, would not have imagined even in their wildest dreams that their homelands would have to tackle climatic situations of the likes we see today.

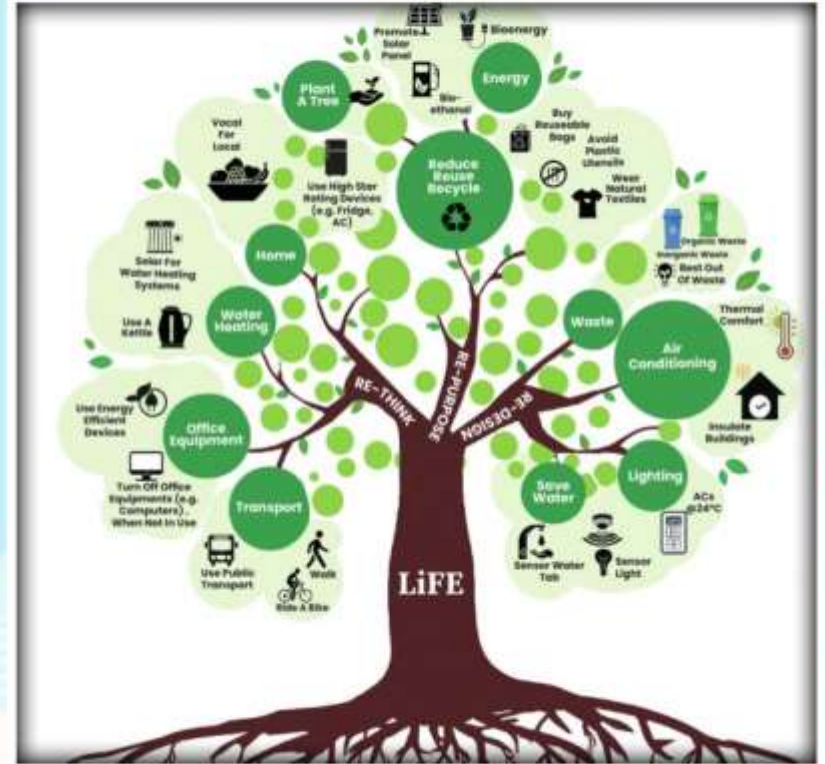
Scientists say that if the global temperatures increase even by 0.5 degrees, there would be no turning back from the disastrous environmental consequences that would follow.

The question before us is: How do we reverse the situation and improve the environment for us and for the generations to come?

While the leaders of the bigger nations are debating and making laws to reduce the carbon footprint, you and I as children of our Mother Nature can do our part by tweaking our lifestyles a wee bit to protect and sustain Mother Nature.

Here are some of the little ways in which we can change our lifestyles to help mother nature:

Cont.



i. **PRINT ONLY IF YOU NEED TO:** Do not print if you do not require it, or can manage with a soft copy. If you do need to print, please print on both sides of the paper and save paper.

ii. **SAVE WATER:** Do you leave the tap on as you brush your teeth? Do you know you could be wasting almost a bucketful of water every time you brush your teeth? Stop at once and turn off the tap if you are not using it.

iii. **USE LEFTOVER WATER:** If you have drunk only half of your glass of water, use the remaining water to water the plants.

iv. **USE NATURAL LIGHT:** Why use the tube light (electricity) when you have the sun shining bright? If you have enough sunlight in the room, avoid switching on the lights and save electricity. Switch off lights, ACs and fans when you leave the room.

v. **AVOID PLAYING GAMES ON THE MOBILE AND PLAY STATION:** Instead, make friends in your neighbourhood and play on the ground. This, besides having health benefits, will save electricity and reduce noise pollution.

vi. **GROW MORE PLANTS:** It will make your home look prettier and make the earth greener and cooler.

vii. **TAKE YOUR OWN BAGS WHEN YOU GO SHOPPING:** Avoid buying new paper bags or using plastic bags.



With these little changes I hope I can be the change that I wish to see and I hope my friends imitate my ways to help our Mother Nature.

- CAYDEN D'SOUZA, 4 LILIES

SIMPLICITY: THE KEY TO A HAPPY LIFE

'Simplicity' is a simple word. But to me it is not a simple thing. It includes everything from eating and dressing simply to enjoying the simple joys around us. It is a lifestyle choice where we focus on what is necessary and give up on things that complicate and clutter our lives.

Eliud Kipchoge, one of the greatest marathon runners of all time, lives in a small dormitory with friends. Every morning, they clean toilets, wash vegetables and do other household chores. Imagine that! A self-made millionaire athlete living with such humility. This humility is the result of simple living.

This is reflected in the life of our founder, Bro. Paulus Mauritz. He left the developed nation of Germany to come to an impoverished India, to share the gospel. Here, he faced a severe famine, two world wars and the death of the younger members of the community. He and his brothers lived in great poverty, with barely any resources but with great joy. He championed simple living and through it took the gospel to others.

Indeed, such simplicity is both a skill and a virtue. It requires effort, sacrifice and determination. But when we commit to such a life, we can have a profound impact on the world. Take, for example, our travel choices. If we choose to walk or cycle, instead of taking a rickshaw or car ride, we can improve our health and reduce our carbon footprint.

Another way to have a positive impact on our surroundings is by choosing simple food. By avoiding packaged or processed foods and choosing to eat fruits and homemade food, we can not only improve our health but also help farmers by driving a greater demand for agricultural goods.

Simplicity also includes re-evaluating our daily schedules and eliminating unnecessary commitments. This means unplugging from devices and tuning in to the needs of our family members and friends. This frees up time and energy which we can use to help those in need.

Simplicity, thus, helps us remain humble, stay considerate of others, stay healthy, consume fewer resources, and keep our planet sustainable. Moreover, when we lead a simple life, we inspire others to do the same and this ripple effect leads to a changed, renewed world.

- ETHAN BRENDEN RODRIGUES, 9 DAISIES

First Prize Winner

Founder's Day Essay Writing Competition (2023-24)



MY SISTER, MY BEST FRIEND

In the tapestry of life, a thread so pure,
Friendship's bond, forever secure.
Through laughter and tears, we walk side by side,
In moments of joy or sorrow, we confide.

Through thick and thin, through trials untold,
Her embrace, worth more than gold.
In times of darkness, she lights the way,
Guiding us through night to day.

Her presence, a comfort, a soothing balm,
In the fiercest storms, a peaceful calm.
With hearts entwined, we journey on,
In the symphony of friendship's song.

Through seasons of change, our bond remains,
A treasure cherished, through joys and pains.
For in the dance of life, hand in hand we glide,
Bound by friendship, our hearts unified.

- **ADVIKA MENON, 8 LILIES**



CHANGE BEGINS WITH US

CHANGE

BEGINS

WITH

US

As human beings, we are constantly changing the way we do things in order to make our lives easier and better. These changes usually result in consequences, good or bad. Very often, we make these changes without taking the feelings and thoughts of others into consideration, focusing only on what benefits us.

Brother Paulus Moritz stood out from the crowd because whatever he did, he made sure it benefitted others around him. He strongly believed that if you did good for others, that good would surely come back to you, in ways you may not expect. This way of thinking, saying "we" instead of "I", remains an inspiration for many people, including students, today.

As students, we often feel the need to make a change, whether it's regarding the environment or just our daily routine. We hesitate before changing things as we often feel that one small action on our part will not really make a big difference. This thought process discourages us. However, students are one of the best 'changemakers', as, armed with knowledge and determination, we have it in us to change the world and make it a better place. Whether it's protesting against a tyrannical dictator, or fighting for freedom, history has shown us that students are indeed 'changemakers'.

So, how do we make a positive change? The answer lies in the lives of people around us. We need not do something drastic, even something simple, like donating our old clothes and toys or planting a tree or two is enough. By doing this, we not only start a 'chain reaction' of good deeds, we also serve as an example to others.



CHANGE

BEGINS

WITH

US

One of the biggest (and probably the best) changes we can make is in the lives of people around us. So often, we get so caught up in trying to do 'big' things, that we fail to notice the small things around us. Some of which actually matter. By doing 'small things with a big heart', we can impact people's lives in ways we cannot fathom. Helping an elderly grandmother use today's technology to connect and communicate with her family or taking time out to visit a lonely neighbor can change not only their day, but also their life. At school, helping a struggling child with their schoolwork or roping in a kid who's lonely for a game can also make a difference to them. While performing these acts of kindness, it's important to remember to do it wholeheartedly, not just because you want to get attention, or because your parents told you to do so.

If being kind to people becomes a habit, then we will make a big difference in the lives of the people around us. As Maya Angelou once said, "People will forget what you said, and they will forget what you did, but people will never forget how you made them feel." So next time you see somebody struggling with their bags, or someone who wants to do good but cannot, do not hesitate to help them, because every small act of kindness is making a change, big or small, in someone's life.

- ANOUSHKA MORZARIA, 8 TULIPS

First Prize Winner

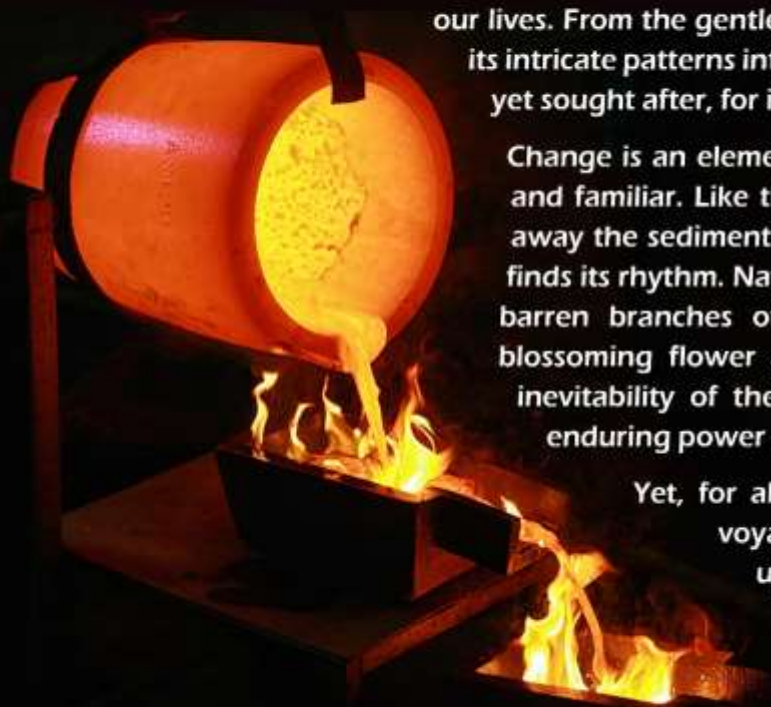
Founder's Day Essay Writing Competition (2023-24)

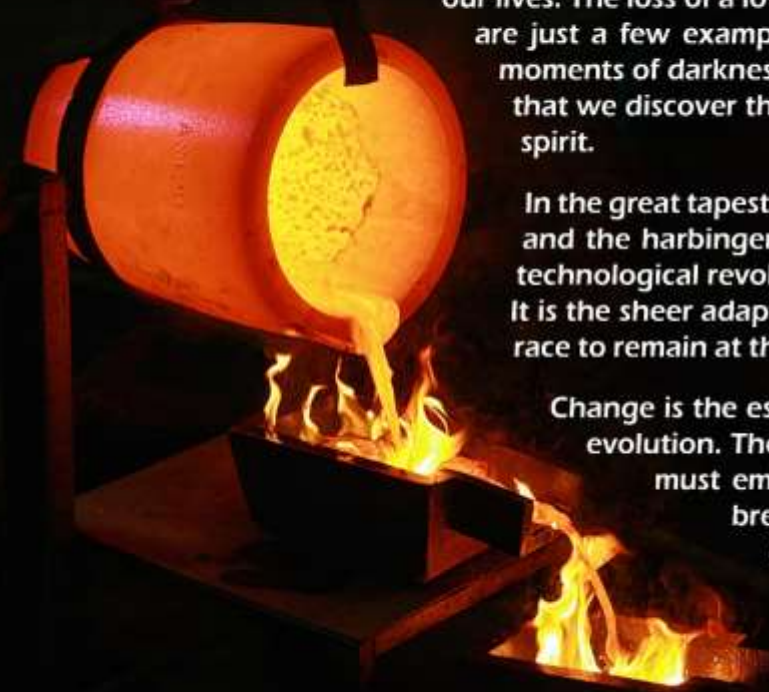
THE CRUCIBLE CALLED CHANGE

Change is the constant companion of existence, an ever-present force shaping the contours of our lives. From the gentle shift of seasons to the transformation of society, change weaves its intricate patterns into the fabric of our reality. It is both, feared and embraced, dreaded yet sought after, for it holds within its grasp, the promise of growth and renewal.

Change is an elemental force, ceaselessly pushing the boundaries of what is known and familiar. Like the relentless tides eroding the shores of complacency, it sweeps away the sediment of routine. It is in this dance of creation and destruction that life finds its rhythm. Nature, in its infinite wisdom, exemplifies the essence of change. The barren branches of winter that yield beautiful vibrant blooms in spring, each blossoming flower and every falling leaf speaks of the passage of time and the inevitability of the changes brought with it. Nature itself is a testament to the enduring power of change.

Yet, for all its inevitability, change remains a deeply personal journey, a voyage into the unknown recesses of the self. It is in moments of upheaval and transition that we, as human beings, are truly tested, forced to confront our dearest aspirations. Like a phoenix rising from the ashes, we emerge from the crucible of change, reborn and renewed.



A glowing orange pot, resembling a lava lamp or a molten container, is tilted and pouring a bright, fiery liquid into a fire pit. The fire pit contains a fire, and the overall scene is set against a dark background, creating a dramatic and intense atmosphere.

Change is not always gentle; it can be a tempestuous force, upending the very foundations of our lives. The loss of a loved one, the upheaval of societal norms or the end of a relationship are just a few examples of the tumultuous currents of change. And yet, it is in these moments of darkness that the light of resilience shines brightest. It is through adversity that we discover the depths of our strength and the boundless capacity of the human spirit.

In the great tapestry of human history, change has been both the architect of progress and the harbinger of obstruction. From the rise and fall of empires to the dawn of technological revolutions, the annals of time are replete with the footsteps of change. It is the sheer adaptability and ability to learn and evolve that has allowed the human race to remain at the top of the food chain.

Change is the essence of life itself. It is the catalyst for growth, transformation and evolution. Though the winds of change blow fierce and its waters run deep, we must embrace it. A tree that does not bend in the wind will splinter and break. It is through change that we truly come alive, navigating the currents of existence with courage, grace and determination.

MIRIKA NORONHA, 10 LILIES

SCHOOL EVENTS



INVESTITURE CEREMONY 2023-24

*“Reach high, for stars lie hidden in you.
Dream deep, for every dream precedes the goal.”* - Rabindranath Tagore

The induction of the incoming Student Council of St. Francis School (CISCE) was held on 27th April, 2023 with great enthusiasm, in the school premises. The event was graced with the presence of Mindler Partner and Ex-IAF Group Captain, Mr.Yogesh Pai, as the Chief Guest of the occasion.

The event commenced with a solemn candle lighting ceremony followed by a dance performance. The disciplined March by the outgoing and the newly inducted Student Council was a treat to the eyes. The outgoing Head Boy, Mst. Erwin Rodrigues shared his experiences and expressed his gratitude towards the teachers and management for the support he had received during his tenure.

The newly formed Council, including the Head Boy and Head Girl, along with the Sports Captains, House Captains, Vice Captains and Prefects were handed over their badges by the Chief Guest and the School Manager, Bro. Varghese. During the Oath-taking ceremony, led by the School Principal, Brother Wilfred Monteiro, the office bearers pledged to work earnestly and uphold the honour and glory of the institution.

Our Chief Guest, Capt. Yogesh Pai shared his own life experiences and enlightened the students on how moral, values and discipline help to shape a person's future and make one a good leader. He encouraged all the students to always walk on the correct path and be the change in the world around them.

The School Chronicle for the year 2022-23 was officially released during this event. The day concluded with the National Anthem.



INVESTITURE CEREMONY 2023-24



INVESTITURE CEREMONY 2023-24



INVESTITURE CEREMONY 2023-24



INVESTITURE CEREMONY 2023-24



Releasing of chronicle 2022-23





ST. FRANCIS SCHOOL (CISCE)



HEAD BOY

Mst. Mehdi Eba Jaffri



HEAD GIRL

Ms. Ananya Rakesh Nair

TO BE INSPIRED IS GREAT
BUT TO BE AN INSPIRATION
★ IS AN HONOUR ★



SPORTS CAPTAIN

Mst. Kairav Sachin Chavan



SPORTS CAPTAIN

Ms. Zeel Kashyap Thaker



ALVERNA

Mst. Levin Louis Aroj
Captain



ALVERNA

Ms. Anoushka A. Fernandes
Vice-captain



SERAPH

Ms. Tanishka Nitin Ginde
Captain



SERAPH

Mst. Sahil Vipul Jethwa
Vice-captain



ASSISIUM

Ms. Vyoma V. Chudasama
Captain



ASSISIUM

Mst. Kabir Desai
Vice-captain

**LEAD
To Win**



FIORETTI

Ms. Soneera Sagar Apte
Captain



FIORETTI

Mst. Sanchit Sanket Pathare
Vice-captain



महाराष्ट्र

St. Francis School (CISCE) celebrated Maharashtra Day on 1st May, 2023 with a well organized programme, having the Principal, Br. Wilfred Monteiro, School Manager, Br. Varghese and the entire Staff (teaching, non-teaching and ancillary) of the school in attendance. The day commemorates the formation of the state of Maharashtra, which occurred on 1st May, 1960, following the partition of the Bombay State into the linguistic states of Maharashtra and Gujarat.

A ceremonial flag hoisting, followed by the National Anthem started the day off. An impassioned speech in Marathi, delivered by a staff member, extolled the greatness of the State and the contribution of the great Marathas in laying its foundation. A patriotic song in Marathi, melodiously sung by a group of teachers of our school, reverberated through the school, filling all with feelings of joy and pride. The lively slide show in the background brought the programme to life. This day reminded us of the rich and diverse history of this beautiful state that so many of us consider our home.



मेहराड्डी



महाराष्ट्र



VAN MAHOTSAV

Celebrating The Festival Of Trees

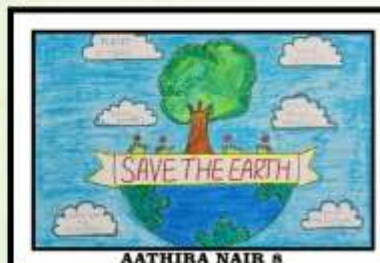
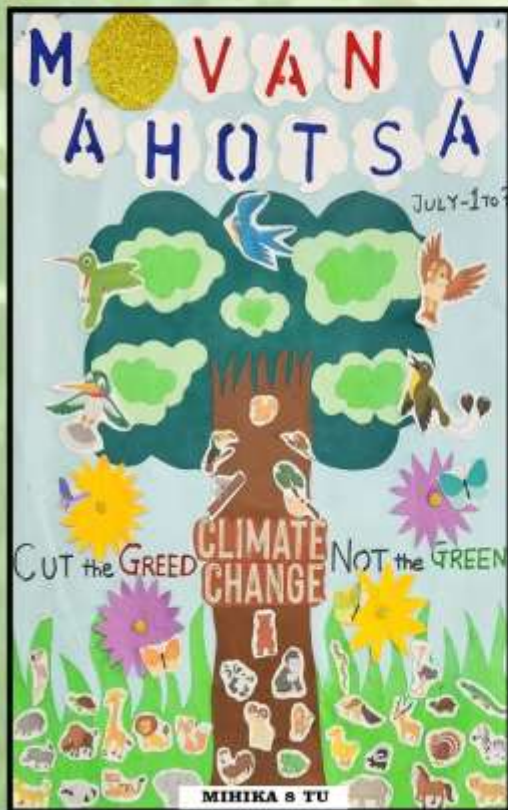
Vanmahotsav was celebrated in school with a special assembly conducted by the Student Council and the planting of saplings in the school campus. The students of Classes 8 and 9 showed their creative streak with beautifully designed posters to commemorate the day.



VANMOHASTAV POSTER

WE ARE GUARDIANS OF OUR FORESTS

Posters designed by students of Classes 8 and 9



STREET THEATRE

Students as agents of community awareness

It was for the very first time that the students of St. Francis School (CISCE), in a novel initiative, organized a street play in order to educate the public on the dangers of media addiction. The play titled 'Media Se Nahi, Zindagi Se Judiye' was enacted by a few talented students of the Secondary Section of our school on Saturday, 21st October, 2023 near the 'I ❤️ I.C.' Signage on Road No. 2 in I.C. Colony, Borivali (West).

The Street Play commenced at 10 a.m. sharp with a trumpet fanfare to announce the start of the play as well as to invite pedestrians to watch the play. Twenty-five students from grades 6 to 9 were trained for the performance across a span of three months. A team of dedicated teachers worked tirelessly to showcase the hidden potential of our cast of student performers.

The 15 minute performance powerfully depicted the detrimental effects of being addicted to social media. The students put up a rip-roaring performance with their strong stage presence. Right from shouting out powerful slogans on media addiction to aptly depicting ordinary lives of people, the students successfully conveyed the message – that is the need to use social media mindfully. The play also emphasized how addiction to Instagram can be a real problem for some teens today. It further stressed on excessive gaming habits. Two time periods (1980s and 2023) were well depicted to make clear how social media affected our lives back then versus now.

The Street play reinforced the fact that any kind of media addiction results in neglecting hobbies or responsibilities and one can face a range of negative consequences including social isolation, poor academic/work performance, and mental health problems such as anxiety and depression. Meaningful and creative placards were also used to create a stronger impact and make the message as clear as possible. In fact, the people who gathered to watch were so enthralled by the concept and the performance that the students were asked to repeat the performance. In conclusion, the message that went out was that media addictions are real and one needs to be mindful of their use without affecting the quality of their lives.

Kudos to our Principal, Bro. Wilfred Monteiro, for always encouraging us to explore new possibilities as educators. This novel initiative of a street play was not only a learning experience but also a wonderful opportunity for students to realize their important role as agents of change in the community at large.



STREET THEATRE

Students as agents of community awareness



STREET THEATRE

Students as agents of community awareness



STREET THEATRE

Students as agents of community awareness



STREET THEATRE

Students as agents of community awareness



WE SAY 'NO' TO BULLYING

Bullying Awareness Week

Together, we can create a culture of kindness.

Bullying Awareness week was organized from 17th July -21st July, 2023. A variety of activities were implemented during the week to increase awareness among the students, staff and parents of our school. Here is a brief look at how the week went:

The week started off with a theme assembly conducted by Class 8, on 'Bullying'. The different ways bullying occurs and how a student can deal with it were depicted in the short skit. Student Council members briefly addressed information on what students need to know about different forms of bullying (physical, verbal, social and cyber bullying) and some ways of addressing the issue, during the morning assembly each day of the week.

A focus on 'Friendship and Bullying' for the school flannel board display, including the Student Council Boards, for the month of July was planned, to foster greater awareness on different aspects of bullying in the school. A special 'Bullying' module was planned and taught in the classes (Classes 1 to 8) during the Value Education period for Bullying Awareness Week.

A Survey was conducted with a random selection of 30 students each, from classes 9 and 10, to better understand student viewpoints on bullying in the school premises.

A guide for parents (soft copy), on the various aspects of bullying which parents need to be aware of, to guide their children, was prepared and sent to parents of the school.

A 'Bullying Reporting' mechanism involving Student Council members, in coordination with teacher In-charges and relevant school authorities was explained to students during assembly and implemented. The students of the Council body were trained on how to handle and report issues related to bullying in the school premises.

Permanent and prominent display of anti-bullying messages across all the floors of the school was done in the form of specially designed boards, to help remind everyone in the premises of many aspects of bullying which were addressed during the week.



WE SAY 'NO' TO BULLYING

Bullying Awareness Week

Flannel Board Displays



HEARTWARMING EXPERIENCE

CHARITY DRIVE AT NAVJEEVAN SOCIETY

"Great opportunities to help others seldom come, but small ones surround us every day."

On 22nd July, 2023 a Charity drive was organized by St. Francis School (CISCE), Borivali (West) at Navjeevan Society, a school for hearing impaired children in Wada, Dist. Palghar. The drive which was spearheaded by our school Principal, Bro. Wilfred Monteiro, surpassed all expectations, despite the challenging rainy weather conditions. The visiting team comprised of our Principal, twelve members of the school Student Council and the two Council In-charge teachers. All of us were deeply impacted by this extraordinary visit to Navjeevan Society.

Unfortunately, children with such disabilities may be overlooked and sometimes considered burdensome in society. They may also lack access to proper infrastructure for training, which can hinder them from showcasing their true talents and experiencing a meaningful childhood. Moreover, their inability to communicate effectively leaves them vulnerable to social evils like abuse, trafficking, and exploitation.

At Navjeevan Society however, we saw a different story. The Society provided the children in their care with education and support, taking great care of their differing needs. During our visit, we had the privilege of meeting fifteen hearing impaired children, lovingly cared for by six devoted nuns. Despite the unique challenges they faced, the children at Navjeevan Society prepared a heartwarming welcome for us. They presented us with handmade flowers and mesmerized us with their beautiful dance performances, all the while reminding us that, true strength comes from conquering challenges, once thought insurmountable. Our visiting Student Council members also presented some entertaining solo dances, group performances and mime acts, fostering an atmosphere of joy and camaraderie. Amidst laughter and learning, the visit to Navjeevan Society proved to be a day well spent, leaving us with warm memories, which will be cherished for a lifetime. Witnessing the joy and resilience of these hearing impaired children will inspire us to seek out every opportunity in our day to day lives, to reach out to those in need, even in small ways.

The success of the Charity Drive would not have been possible without the dedicated efforts of our Council students. They played a crucial role in collecting and packing the donated items, which included pulses, sugar, dry snacks, wheat flour, soaps, detergents, bedsheets and towels. They also planned entertainment programs and arranged games for the children at Navjeevan Society. The highlight was the generous gift of a computer, donated by our Principal, Bro. Wilfred Monteiro. This visit undoubtedly made a significant difference in the lives of these children.

During this visit we observed the profound impact of charity first hand. Our young students saw the transformative power of compassion and generosity and understood how this can foster a strong sense of community. They also came face to face with the critically important issue of upholding the rights of the disabled to have access to education and basic facilities. As we returned to our school, we carried with us the realization that greatness lies not in what we have, but in what we give.



HEARTWARMING EXPERIENCE



CHARITY DRIVE AT NAVJEEVAN SOCIETY



HEARTWARMING EXPERIENCE

CHARITY DRIVE AT NAVJEEVAN SOCIETY





INDEPENDENCE DAY 2023 AT ST. FRANCIS SCHOOL (CISCE)

On the auspicious occasion of India's 77th Independence Day, St. Francis School celebrated this historic day with fervour and patriotism. The event, held on 15th August, 2023, brought together students and staff to commemorate the nation's freedom struggle and honour the sacrifices of our freedom fighters. The event was also available online as a live stream on YouTube for the viewership of the parents.

The celebration commenced with the hoisting of the tricolour flag by the Chief Guest, Retd. Group Captain Yogesh Pai, a graduate from the National Defence Academy (NDA) who was also commissioned as a Pilot in Indian Air Force (IAF). He was accompanied in the hoisting of the tricolour by our Principal Bro. Wilfred Monteiro. This solemn moment was followed by the rendition of the National Anthem by the band and choir. The customary marchpast filled the air with patriotism.

The cultural program showcased the diversity and unity of our nation. Students from various grades participated in dances and songs that depicted India's rich cultural heritage. The highlight of the event was a special tribute paid to the prominent freedom fighters of India through a zealous fusion dance performance, acknowledging their sacrifices for the independence and sovereignty of our country. The event also included inspiring speeches by students in English, Hindi and Marathi, reflecting on the significance of independence and the responsibilities of being a citizen in a democratic nation.

Highly impressed with the performances and enthusiasm amongst all present, Capt. Yogesh Pai, in a stirring speech, passionately emphasized the importance of transcending one's comfort zone to become a disciplined and hard-working citizen of the nation. Drawing inspiration from the country's struggle for freedom, the message underscored the need for every Indian to embrace these values to secure the true essence of independence. The audience, comprising of students from Class 8 and 9 as well as staff, was urged to introspect and find ways to contribute to the nation's progress, whether through education, entrepreneurship, public service, or any other means. The message was clear: each citizen's individual effort and dedication play a vital role in shaping the destiny of India. The event concluded with a vote of thanks.

St. Francis School's Independence Day celebration in 2023 was a poignant reminder of our nation's history and the need to uphold the values of freedom, unity, and diversity that make India great. It instilled a sense of pride and patriotism in all participants, reinforcing the importance of our collective role in building a stronger India.



INDEPENDENCE DAY 2023 AT ST. FRANCIS SCHOOL (CISCE)



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INDEPENDENCE DAY 2023 AT ST. FRANCIS SCHOOL (CISCE)



RELEASE OF VIGNETTES 2022-23

हिंदी दिवस

Celebrating the soul of our nation

Hindi Diwas, celebrated every year on 14th September, aims to promote and propagate the Hindi language while serving as a patriotic reminder of India's shared roots and unity among its diverse population. It commemorates the day in history when Hindi was officially adopted as our National language.

In honour of this day, our school celebrated Hindi Diwas on 15th September, 2023. The morning assembly began with a short introduction on the importance of Hindi which plays a vital role in the cultural fabric of our country. This was followed by a prayer song, a thought for the day, and the singing of the birthday song in Hindi. The recitation of the pledge in Hindi and the singing of the National Anthem truly added a patriotic flavour to the morning assembly. The assembly ended with a speech in Hindi on the significance of Hindi Diwas and the importance of celebrating it year after year. The Hindi Diwas special assembly played an important role in reminding all of us to love and respect our National language.



हिंदी दिवस

Celebrating the soul of our nation



हिन्दी
दिवस
14 सितंबर

हिंदी दिवस

Celebrating the soul of our nation



हिन्दी
दिवस
14 सितंबर

TEACHERS' DAY

'In the world of education, you are the stars.'

The Teachers' Day celebration of St Francis School (CISCE) was held on 5th September, 2023 with great fervour in the school premises. It was organised by the members of the Student Council who had been working relentlessly with the planning and the practice of a variety of performances.

The day started off with a few words from our Principal, Bro. Wilfred Monteiro, to acknowledge the vital role teachers play. This message was shared with the staff members by the Asst. Supervisor, Mrs. Soniya Jency in his absence. A prayer song followed by a delightful dance performance dedicated to teachers was performed by the students of class 1 and 2 soon after Many rounds of spot prizes were held to keep the zest alive throughout the programme. The students of class 10 then put up a musical performance of instrumental of old songs followed by the school band playing 'the Rivers of Babylon'.

An enthralling skit kept the audience in good cheer as the students enacted various teachers, movie characters and aliens. A special 'Vasai dance' was also performed by the students of classes 7, 8 and 9. A retro themed Bollywood fashion show presented by the tiny tots was thoroughly entertaining. An energetic Bollywood dance by the students of class 9 and 10 was the show stealer. No doubt, the teachers enjoyed their day thoroughly!



TEACHERS' DAY



Happy
Teacher's
Day

TEACHERS' DAY



Happy
Teacher's
Day

TEACHERS' DAY



Happy
Teacher's
Day



TEACHERS' DAY



Happy
Teacher's
Day



TEACHERS' DAY



Happy
Teacher's
Day



TEACHERS' DAY



Happy
Teacher's
Day



TEACHERS' DAY



ST. FRANCIS FEAST DAY CELEBRATION

On 3rd October 2023, St. Francis School (CISCE) celebrated the Feast of our Patron, St. Francis of Assisi, with great enthusiasm and spirit. The students of classes 8, 9 and 10 gathered together in the quadrangle to celebrate this significant day. All the other classes watched the live streaming of the programme in their classrooms. The Peace Prayer of St. Francis of Assisi, which is also our School Anthem was sung beautifully by the student's choir. A solo rendition of the 'Canticle of Brother Sun & Sister Moon', a song of Praise and thanksgiving to God by St. Francis melodiously echoed the Saint's personal acknowledgement of the Oneness of all God's creation. An elegant dance performance on the devotional song 'Ek Tu Hi Bharosa' followed. The Vision of St. Francis was highlighted by a few students who spoke about the values and life of St. Francis of Assisi. A short but talented mime performance depicted how one can always rely on God to overcome the negative circumstances that we face in our lives.

The students of classes 1 and 2 enjoyed a colouring activity in the classroom and a PowerPoint presentation on the life of St. Francis of Assisi was presented to the students of classes 3 to 8. The programme ended on a sweet note, with a delicious piece of cake for all the Staff members and students.



ST. FRANCIS FEAST DAY CELEBRATION



ST. FRANCIS FEAST DAY CELEBRATION



CHILDREN'S DAY CELEBRATION

Smiles as Bright as Sunshine!



CHILDREN'S DAY CELEBRATION



CHILDREN'S DAY CELEBRATION



CHILDREN'S DAY CELEBRATION



CHILDREN'S DAY CELEBRATION



CHILDREN'S DAY CELEBRATION



DIWALI & CHILDREN'S DAY CELEBRATIONS

A celebration with a difference...
The festival of Light and Innocence of childhood

In a unique endeavour, Diwali and Children's Day were celebrated jointly on 10th November, 2023 in the school quadrangle. The programme which was attended by the members of the staff and the students, began by invoking God's presence, followed by a value-based assembly on the occasion of Diwali. What followed was a Children's entertainment programme with some stupendous dance and song performances, as well as a fashion show by the staff members. The audience in the quadrangle, comprising of students of classes 5 and 6 clapped enthusiastically and danced away while watching their teachers perform. The students of the other classes enjoyed the programme online in their classrooms. Various class-wise competitions were conducted, including card-making, diya decoration, lantern-making and toran-making competitions - not to forget the inter-house rangoli competition, which the children enjoyed to the fullest. Last but not the least, the students went home with a scrumptious snack.



DIYA DECORATION



DIWALI & CHILDREN'S DAY CELEBRATIONS



DIYA DECORATION



DIWALI & CHILDREN'S DAY CELEBRATIONS



DIWALI & CHILDREN'S DAY CELEBRATIONS



DIWALI & CHILDREN'S DAY CELEBRATIONS



TORAN MAKING



DIWALI & CHILDREN'S DAY CELEBRATIONS



LANTERN MAKING



DIWALI & CHILDREN'S DAY CELEBRATIONS

RANGOLI



DIWALI & CHILDREN'S DAY CELEBRATIONS

RANGOLI



DIWALI & CHILDREN'S DAY CELEBRATIONS



FLANNEL BOARD



DIWALI & CHILDREN'S DAY CELEBRATIONS



FLANNEL BOARD



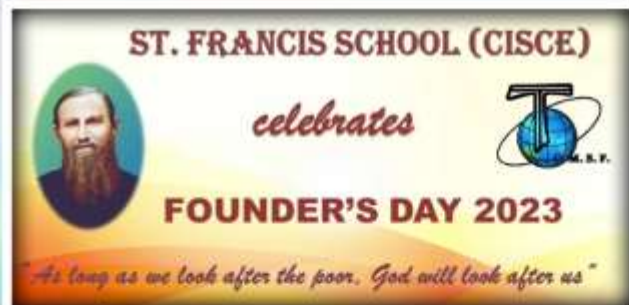
FOUNDER'S DAY

CELEBRATING THE LIFE OF OUR FOUNDER, REV. BRO. PAULUS MORITZ

In this fast-paced and busy world, it is easy to forget those who have gone before us. However, there are a few illustrious personalities, who by their lives of selfless service to humanity leave behind a legacy to cherish. These people live on in our hearts and minds long after their mortal lives on earth is over. Such a luminary was Rev. Bro. Paulus Moritz, a German missionary to India and the Founder of the Congregation of the Missionary Brothers of St. Francis of Assisi. Every year, his death anniversary on 19th November, is celebrated as Founder's Day in our school.

This year, on account of the Founder's Day falling during the Diwali vacations, the celebrations were held on 24th November, after the re-opening of the school. A special assembly was conducted in which the key events of Bro. Paulus' life were emphasized. The students of the Primary section sang a melodious song on the Founder and a PPT which beautifully depicted Bro. Paulus' specific mission in India, was shown to the students. On the same day a Quiz Competition on the Founder was conducted for the students of classes 6 and 7. An Essay Writing Competition too was conducted for the students of classes 8 and 9.

The purpose of the celebrations was not only to honour Bro. Paulus and pay him a well-deserved tribute, but also to enkindle in the hearts of students an abiding love and gratitude for him.



FOUNDER'S DAY COMPETITION

CLASS 6 & 7

In tribute to the Pioneering Sprit of Rev. Bro. Paulus Mortiz



QUIZ TIME!

FOUNDER'S DAY COMPETITION

CLASS 6 & 7



CHRISTMAS CELEBRATION & CLASS DAY OF STD. 5

Welcoming the new born Christ in our hearts!

Christmas is a season filled with laughter, twinkling lights and the warmth of love. It's a feeling of togetherness where everyone gets to be a part of something incredible- the birth of Jesus!

Christmas at St. Francis School (CISCE) was celebrated on 22nd December, 2023. The special programme celebrating this feast, presented the performances of the Class 5 students in the form of their Class Day. The students put up a heart-warming Nativity scene. The magnificently designed Crib, vibrant costumes, melodious Carol Singing and foot-tapping dance performances set the mood for the Christmas celebration. The students also presented performances which they were trained for by their Speech and Drama teachers.

Our Chief Guest for the programme was Fr. Ronald Fernandes, Parish priest of St. Louis Church, Dahisar. His address highlighted the importance of compassion and love in action. He appreciated the students and staff for the wonderful performances and well organized programme. The celebration cum Class Day was attended by the school management, Supervisors, Co-ordinators, Class 5 parents and PTA members in the quadrangle while the school students watched it live in their classrooms. The customary arrival of Santa heightened the excitement among the audience and the students too. This wonderful day was thus celebrated with family togetherness, joy and a sprinkle of Christmas magic!



CHRISTMAS CELEBRATION & CLASS DAY OF STD. 5



CHRISTMAS CELEBRATION & CLASS DAY OF STD. 5



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CHRISTMAS CELEBRATION & CLASS DAY OF STD. 5



CHRISTMAS CELEBRATION & CLASS DAY OF STD. 5



THE SEASON OF CHRISTMAS...

Welcoming the new born Christ in our hearts!



THE SEASON OF CHRISTMAS...

Welcoming the new born Christ in our hearts!



MERRY CHRISTMAS

THE SEASON OF CHRISTMAS...

Welcoming the new born Christ in our hearts!



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MERRY CHRISTMAS

CHRISTMAS OUTREACH... Learning about Compassion

Charity during Christmas is not just an act of giving; it's a celebration of humanity's ability to show compassion. Keeping in step with this tradition of extending a helping hand to those in need, our school conducted a Christmas charity drive, along with the Student Council. Students from standard 1st to 10th had whole-heartedly donated essential items and groceries and the Student Council members packed and prepared them for distribution amongst the needy.

The drive was conducted on 21st December, 2023. Led by the Principal, Bro. Wilfred Montiero, the Vice Principal, Bro. Varghese and the Council In-charge teachers, the Student Council got the opportunity to be part of this noble cause. They visited the Shanti Bhagini Sisters in Vasai (East) and Trinity Sisters Ashram and Sneha Sagar Orphan Children's Home in Vasai (West).

Leaving school after the morning assembly and embarking on a two hour bus drive brought the group to the pristine premises of the Shanti Bhagini Sisters Ashram. The sisters extended a warm welcome and were delighted to receive the charitable items given with love by the

students of our school. The next stop was the Sneha Sagar Orphan Children's Home. Here children in the age group of 5 - 15 years welcomed our school group. It was very overwhelming to see the enthusiasm in their eyes as they invited our students and staff for a humble breakfast with them. Later we interacted with the children and explored the Ashram grounds and also picked some wild berries. The third and final stop was the Trinity Sisters Ashram. During the journey the teachers discussed with the students about the Ashrams, their work and their importance in society.

Being a part of such an outreach venture fills one with a sense of gratitude for the many blessings we take for granted in our lives. It also compels us to understand that a society can only truly progress when the more fortunate amongst us give a helping hand to the ones who are not so privileged. Greatness lies not in what we have, but in what we give was an important learning that day; a lesson that can only be truly grasped outside the realm of books and classrooms.



CHRISTMAS OUTREACH... Learning about Compassion



CHRISTMAS OUTREACH... Learning about Compassion



**MERRY
CHRISTMAS**

CHRISTMAS OUTREACH... Learning about Compassion



MERRY CHRISTMAS

THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME

CAMARADERIE ACROSS BORDERS

'TO KNOW MUMBAI IS TO LOVE MUMBAI...WELCOMING OUR VISITORS'



A student global exchange program is a unique chance for students to learn from and connect with peers from a different country. The real life interaction and visit to each other's countries, provides students with an intimate experience of the lifestyle and traditions of people from another part of the world. This form of education outside the walls of the classroom teaches valuable lessons in intercultural competence and global citizenship.

The long standing Indo-German programme at St. Francis School (CISCE) has evolved over the years, seeking novel ways to foster personal growth and intercultural understanding. For the first time in the programme, this year the 13 visiting students from EBELU school, in Stuttgart, Germany had the unique experience of living in the homes of their Indian counterparts during their 15 day stay in Mumbai in the month of January, 2024.

The visiting German students and faculty members, Ms. Lena Moorman and Ms. Carolin Scheuffele were extended a warm Indian welcome at our school, on 5th January, 2024, complete with the traditions of 'Tilak' and 'Aarti'. A short entertainment programme followed. Some students of Class 5 thrilled the audience with their rendition of German nursery rhymes, while some students of class 4 presented the Welcome song.

A classical dance performance by some of the Class 3 students was much appreciated. Ms. Moorman addressed the students, sharing her experience with the programme over the years she has been associated with it. Specially customized T-shirts were presented to the German students by our Principal, Bro. Wilfred Monteiro.

'During their stay in Mumbai, the visiting students immersed themselves in the ways of all things Indian, as they spent time moving around our city, seeing the sites, experiencing life in the home of a Mumbai family and learning the traditions and variety of Indian culture. Time flew by and 15 days later the partner students and their families had to prepare to say good-bye, a difficult task indeed after the close bond they formed. Our visitors were ceremoniously bid good-bye with a well crafted school farewell programme as well as an evening function at school, organized by the parents of the Indian students who were part of the Exchange programme. Amidst the teary eyed 'auf Wiedersehen', all looked forward to May, 2024 when the Indian exchange students planned their visit to Germany.... 'till we meet again'!

THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME

THIRTEEN GLORIOUS YEARS OF BUILDING BRIDGES AND FORGING FRIENDSHIPS!

04/01/2024 - 18/01/2024



HEAD TEACHER, MARIO ZECHER



PRINCIPAL, BRO. WILFRED MONTEIRO



TR. CAROLIN SCHEUFFELE



TR. LENA MOORMANN SCHMITZ



TR. ELIZABETH ZACHARIAH



BRO. VARGHESE JOSEPH



SILJA WALKENHORST



ELEONORE HÖRMANN



MARLENE ALBERTI



EVA SCHRAFF



ANUSHKA FERNANDES



CHRISTINA HENRIQUES



CLAYTON FERNANDES



DIVYAM RAWAT



CLEMENS SCHWEICKHARDT



LEOPOLD LANZ



MORITZ FÖRL



THOMAS RACK



HENRY BIERBRAUER



JIBDAY REVANKAR



KAELYN GONSALVES



RON PEREIRA



RYAN THOMAS



SAESHA SHETTY



HELENE PETRI



EMILIA ANTEQUERA



VIVIEN THOSS



LAURENS WENCKEBACH



SHAKYAA SALVE



SHLOK UCHIL



TANISHKA GINDE



SRAVANI PHAIRNE

Beyond the textbooks, to a unique experience

THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



WELCOME



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



FINDING PARTNERS



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



MEHENDI SESSION



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



TEXTILE JEWELLERY MAKING



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



WORKSHOP

LIPPAN ART



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



VISIT TO CHATTIM



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



GOETHE - INSTITUT WORKSHOP



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



VIHAANG VIHAR BASKET MAKING



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



VIIHAANG VIHAR BASKET MAKING



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



VIHAANG VIHAR CART RIDE



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



WARLI ART



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



VIHAANG VIHAR BEACH ACTIVITIES



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



BOYS' HOME VISIT



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME

LEARNING TO DANCE ... THE INDIAN WAY!



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



**FIELD TRIP
TO QUADRANT**

THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



MUMBAI DARSHAN



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



VISIT TO ISKCON TEMPLE



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



KANHERI CAVES & PAGODA



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME

Making Memories and sharing family time together!



FAMILY MEMORIES



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME

Making Memories and sharing family time together!



FAMILY MEMORIES



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME

Making Memories and sharing family time together!



FAMILY MEMORIES



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



**STUDENTS TAKING
CLASS AT SFS**



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



SPECIAL ASSEMBLY STD 7



THE INDO-GERMAN STUDENT EXCHANGE PROGRAMME



**FAREWELL
DEAR FRIENDS!**



ANNUAL SPORTS MEET 2023-24

The thrill of competing on the Sports field is like none other. The burst of adrenaline and the 'josh' to sweep away the trophy from the other Houses is what defines the mood at the Annual Sports Meet every year, and this year was no different. The 17th Annual Sports Meet was held on 19th January, 2024 at the St. Francis School grounds. Here's a look at some of the day's highlights in pictures.



ANNUAL SPORTS MEET 2023-24



ANNUAL SPORTS MEET 2023-24



ANNUAL SPORTS MEET 2023-24



CHIEF GUEST
COL. CHANDRASHEKHAR UNNI



ANNUAL SPORTS MEET 2023-24



ANNUAL SPORTS MEET 2023-24



ANNUAL SPORTS MEET 2023-24



THE 75TH REPUBLIC DAY OF OUR NATION

A firm resolve to preserve our democratic ideals

The 75th Republic Day was celebrated in St. Francis School (CISCE) on 26th January, 2024. Our Chief Guest for the day was Commander Kumresh Sharma, distinguished Alumni of the National Defence Academy, serving in the Indian Navy for 25 years as well as having the distinction of serving in the 1971 Indo -Pak war and on the front line warships INS Vikrant and INS Virat. He is a PM Awardee for Traffic Management in Smart Cities. Also present was the Vice Principal, Bro. Varghese, Supervisors, Co-ordinators, members of the staff, PTA representatives and students of Classes 8 and 9. The day began auspiciously, with a prayer song, followed by the introduction of the Chief Guest. Cmdr. Kumresh did the honour of unfurling our National Tricolour, as we stood united in our minds and hearts. Everyone gathered in the quadrangle, sang the National Anthem with pride.

The march past squad comprising of students of Class 9 exuded a sense of discipline and determination as the students marched in unison to the counts. A small cultural programme including speeches given by students in English and Hindi, dances by students of the primary section, as well as patriotic songs sung by students of Classes 4, 5 and 6 - all set the tone for the day. An inspiring address was given by Cmdr. Kumresh on responsible citizenship. The programme ended with the Vote of thanks.



THE 75TH REPUBLIC DAY OF OUR NATION

A firm resolve to preserve our democratic ideals



THE 75TH REPUBLIC DAY OF OUR NATION



THE 75TH REPUBLIC DAY OF OUR NATION



THE 75TH REPUBLIC DAY OF OUR NATION



THE 75TH REPUBLIC DAY OF OUR NATION



CLASS DAY

1 DAISIES & 1 LILIES



CLASS DAY

1 DAISIES & 1 LILIES



CLASS DAY

1 TULIPS & 1 VIOLETS



CLASS DAY

1 TULIPS & 1 VIOLETS



CLASS DAY

2 DAISIES & 2 LILIES



CLASS DAY

2 DAISIES & 2 LILIES



CLASS DAY

2 TULIPS & 2 VIOLETS



CLASS DAY

2 TULIPS & 2 VIOLETS



CLASS DAY

3 DAISIES & 3 LILIES



CLASS DAY

3 DAISIES & 3 LILIES



CLASS DAY

3 TULIPS & 3 VIOLETS



CLASS DAY

3 TULIPS & 3 VIOLETS



CLASS DAY

3 TULIPS & 3 VIOLETS



CLASS DAY

3 TULIPS & 3 VIOLETS



CLASS DAY

4 DAISIES & 4 LILIES



CLASS DAY

4 DAISIES & 4 LILIES



CLASS DAY

4 TULIPS & 4 VIOLETS



CLASS DAY

4 TULIPS & 4 VIOLETS



BIDDING FAREWELL TO CLASS 10...

Go forth and be instruments of peace

A grand farewell was organized on 27th January, 2024 for our outgoing Class 10 students by our school management and Class 9 students with the theme 'Go forth and be instruments of peace'. The programme began with a solemn prayer service for the students, led by Vice Principal, Bro. Varghese, to invoke God's blessings as they gear up for the ICSE Board Examination. The occasion was graced by Mrs. Ramona Lewis, the Chief Guest for the event. Mrs. Lewis has been an ardent educator working in the field of education for 36 years.

The prayer service was followed by an entertainment programme arranged in our school auditorium. The programme began with a beautiful prayer song was performed by the students of Class 9. Mrs. Lewis gave the students a down to earth and practical talk, which students could easily imbibe. The students of Class 9 further displayed their proficient dance skills with three foot-tapping dances, that charmed the audience.

The reverent 'Passing of the Light' ceremony symbolised the passing of the ideals, values and the love of learning instilled by their alma mater, from the seniors to the juniors, who then carry the same forward. The Class 10 students were proud to be presented with certificates and mementos, to serve as a souvenir of their journey through school days. A heart-warming moment in the programme was a trip down memory lane, where a PowerPoint presentation showcased the journey of the outgoing Class 10 students from their Pre-Primary school days to the present Class. A Vote of thanks given by a Class 10 student, Ms. Krupa Gandhi and the National Anthem ended the cultural events, after which the staff and students partook of a meal that was graciously organized by the PTA. The day ended with a fun dance session for the stars of the day, our Class 10 students. Thus ended the day, which students will long cherish as the culmination of their school life.



BIDDING FAREWELL TO CLASS 10...

Go forth and be instruments of peace



BIDDING FAREWELL TO CLASS 10...

Go forth and be instruments of peace



BIDDING FAREWELL TO CLASS 10...

Go forth and be instruments of peace



BIDDING FAREWELL TO CLASS 10...

Go forth and be instruments of peace



DAISIES



BIDDING FAREWELL TO CLASS 10...

Go forth and be instruments of peace



LILIES



BIDDING FAREWELL TO CLASS 10...

Go forth and be instruments of peace



TULIPS



ANNUAL EXTRAVAGANZA!

'CHANDRAYAAN 2033, AN ALIEN ENCOUNTER'

'Francisian Youth- Envisioning the World of Our Dreams'

Exuberance enveloped the purlieu of St Francis School (CISCE) on the evening of 16th December, 2023 as the Secondary Section celebrated its Annual Function 'Chandrayaan 2033, an Alien Encounter'. The entire show was conducted in three phases and was designed around the theme 'Francisian Youth- Envisioning the World of Our Dreams'. This was beautifully showcased through a musical drama replete with choir performances, dazzling dances and hues of colours amidst great zeal, vibrancy and elation. The function took place in the auspicious presence of the Chief Guest, Dr. Joseph Karimalayil, the Superior General of the Franciscan Missionary Brothers, the Guest of Honour, Dr. Evans Coutinho, Dean (Research) of St. John Technical and Educational Campus, Palghar and other illustrious dignitaries.

The First Phase commenced with a grand ceremony, welcoming the dignitaries with fanfare. This was followed by lighting of the ceremonial lamp and invoking of God's blessings. After welcoming the august gathering and guests, the festivities began with a melodious prayer song, 'Footsteps walking with me' and a scintillating welcome dance performance on the hymn 'Love Shine a Light'. The Principal then honoured the Chief Guest, Guest of Honour and other dignitaries with beautiful saplings. The school toppers and those who had secured 95% and above in the ICSE Board Examination, 2023 were felicitated for their outstanding performance with trophies, bouquets and certificates. This was followed by a mesmerising performance by our student band; their rendition of love songs with the message 'Love Life, Love Yourself' left the audience enthusiastically cheering the young performers. Three students who had excelled in national and international sporting events were felicitated with a certificates and special 'chocolate' bouquets, for bringing honour to the school by their achievements. The Guest of Honour shared a few words on this auspicious occasion. Thereafter, the School Annual report was presented by our Head Boy, Mst. Mehdi Jaffri and Head Girl, Ms. Ananya Nair. Their innovative presentation as news anchors along with videos and photographs highlighting the achievements made during the academic year thus far, informed and entertained simultaneously.

In Phase Two the students from Classes 6 to 10 performed a dance – drama based on the given theme, which impressed the audience beyond their expectations. The photographs perhaps will not do justice to the magnificent performances by students that day; however they will give an essence of the evenings resplendence.

In Phase Three, the esteemed Chief Guest, Bro. Karimalayil, addressed the audience with his inspiring words He lauded the school leadership for the excellent progress of the institution. The Asst. Supervisor, Mrs. Soniya Jency extended gratitude to everyone at the Annual Day function on behalf of the school team, with a Vote of thanks and an attractive screen presentation of the entire Franciscan staff who made the day possible. The curtains fell on the day's events with the rendition of the National Anthem.

It was indeed a memorable event and a fruitful culmination of the planning and efforts of each and every member of the Francisian family.



**FRANCISIAN
YOUTH**

ENVISIONING THE WORLD
OF OUR DREAMS

ANNUAL EXTRAVAGANZA!



**FRANCISIAN
YOUTH**

ENLIGHTENING THE WORLD
OF OUR DREAMS

ANNUAL EXTRAVAGANZA!



ANNUAL EXTRAVAGANZA!



**FRANCISIAN
YOUTH**

DEVELOPING THE WORLD
OF OUR DREAMS

ANNUAL EXTRAVAGANZA!



ANNUAL EXTRAVAGANZA!



ANNUAL EXTRAVAGANZA!



**FRANCISIAN
YOUTH**
DEVELOPING THE WORLD
OF OUR DREAMS

ANNUAL EXTRAVAGANZA!



**FRANCISIAN
YOUTH**

DEVELOPING THE WORLD
OF OUR DREAMS

ANNUAL EXTRAVAGANZA!



**FRANCISIAN
YOUTH**

DEVELOPING THE WORLD
OF OUR DREAMS

ANNUAL EXTRAVAGANZA!



FRANCIAN YOUTH
DEVELOPING THE WORLD
OF OUR DREAMS

ANNUAL EXTRAVAGANZA!



**FRANCISIAN
YOUTH**

DEVELOPING THE WORLD
OF OUR DREAMS

ANNUAL EXTRAVAGANZA!



**FRANCISIAN
YOUTH**

DEVELOPING THE WORLD
OF OUR DREAMS

ANNUAL EXTRAVAGANZA!



ANNUAL EXTRAVAGANZA!



**FRANCIAN
YOUTH**

DEVELOPING THE WORLD
OF OUR DREAMS



ANNUAL EXTRAVAGANZA!



**FRANCIAN
YOUTH**

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OF OUR DREAMS

ANNUAL EXTRAVAGANZA!



ANNUAL EXTRAVAGANZA!



ANNUAL EXTRAVAGANZA!



**FRANCISIAN
YOUTH**
DEVELOPING THE WORLD
OF OUR DREAMS



ANNUAL EXTRAVAGANZA!



**FRANCISIAN
YOUTH**
DEVELOPING THE WORLD
OF OUR DREAMS

ANNUAL EXTRAVAGANZA!



**FRANCIAN
YOUTH**

DEVELOPING THE WORLD
OF OUR DREAMS

ANNUAL EXTRAVAGANZA!



**FRANCISIAN
YOUTH**

DEVELOPING THE WORLD
OF OUR DREAMS

ANNUAL EXTRAVAGANZA!



**FRANCIAN
YOUTH**

DEVELOPING THE WORLD
OF OUR DREAMS

ANNUAL EXTRAVAGANZA!



**FRANCISSIAN
YOUTH**

EMPOWERING THE WORLD
OF OUR DREAMS

'Getting Ready For A Better World'

VISIT TO KidZania

Our school organized an educational cum fun tour to 'KidZania'- an indoor educational and entertainment theme park for families and kids at R-City Mall in Ghatkopar on 7th July 2023. A total of 1076 from Classes 1 to 7 were accompanied by 54 staff members for this field trip. An orientation was given to students two days earlier during school hours, by a KidZania representative. This helped to give them an idea of the theme 'LEARNING WITH FUN', and the rules and activities at KidZania, filling them with a sense of excitement.

In this kid - sized replica of the real world, children were offered activities where they learned the concept of spending and earning money. 6 to 8 year olds did require some adult assistance to enable them to go around and choose appropriate activities. On an average, an activity was for about 20 to 25 minutes so one could possibly try out around 12 to 15 activities in a day. The adventure started with a visit to the airport establishment to get the feel of entering another 'country'. They were then given a cheque which they had to deposit in the bank and encash the currency used at KidZania which goes by the fun name 'KidZos'.

The activities could broadly be divided into those for entertainment or learning (for which one has to pay KidZos) and work for which they get paid for their efforts. Students enjoyed activities like making your own Cadbury chocolate, Mad over doughnuts, pizzas and also role playing various professions around the world like hospital staff, departmental store helper, radio host, tiffin delivery, courier service, police, DJ and so on. As soon as the money deposited from the bank is over the kids had to do some work activity like become a fire fighter or an inventory manager to once again replenish their income. The staff at every establishment inside the park gave the students a warm welcome and was keen to assist.

Students explored the multitude of role play options thoroughly and gained a first-hand experience of various occupations - all the while having a fun time with their friends! It was a stimulating and unique field trip through and through.



'Getting Ready For A Better World'

VISIT TO
KidZania



'Getting Ready For A Better World'

VISIT TO
KidZania



'Getting Ready For A Better World'

VISIT TO
KidZania



'Getting Ready For A Better World'

VISIT TO
KidZania



'Getting Ready For A Better World'

VISIT TO
KidZania



'Getting Ready For A Better World'

VISIT TO KidZania



'Getting Ready For A Better World'

VISIT TO
KidZania



'Getting Ready For A Better World'

VISIT TO
KidZania



'Getting Ready For A Better World'

VISIT TO
KidZania



'Getting Ready For A Better World'

VISIT TO
KidZania



'Getting Ready For A Better World'

VISIT TO
KidZania



'Getting Ready For A Better World'

VISIT TO
KidZania



'Getting Ready For A Better World'

VISIT TO
KidZania



'Getting Ready For A Better World'

VISIT TO
KidZania



'Getting Ready For A Better World'

VISIT TO
KidZania



FIELD TRIP @ QUADRANT 73

CLASSES 8 & 9



FIELD TRIP @ QUADRANT 73

CLASSES 8 & 9



A WELCOME GETAWAY...

Class 10 students get a break!

The students of Class 10 finally had their day to break free and relax on 24th January, 2024. The school organized a day outing for the students to Mamachi Wadi Agro Tourism Resort in Agashi, Virar (West). The excited students were accompanied by the School Supervisor, Mrs. Kalyani Nair, their Class teachers and Sirs Rajesh Dabre and Sanket Dhoke. Setting out in the early hours of the day, they reached the resort which was nestled in lush greenery. The colourful water slides and pool, relaxing hammocks and swings and tasty food – all helped the students to unwind and spend precious moments together in these last few days as school students. The vegetable farm on the premises was an added attraction. After a day well spent, the group returned in the evening with a sense of satisfaction. They were thoroughly refreshed and ready to plan for their big day – School Farewell! Only then perhaps, would the focus move onto their upcoming Board Examination preparation!



A WELCOME GETAWAY...

Class 10 students get a break!



SPECIAL ASSEMBLY CLASS 6

DIWALI CELEBRATION

**A CELEBRATION WITH A DIFFERENCE.....
THE FESTIVAL OF LIGHTS AND THE INNOCENCE OF CHILDHOOD**

In a unique endeavour, Diwali and Children's Day were celebrated jointly on 10th November, 2023 in the school quadrangle. The programme which was attended by the members of the staff and the students, began by invoking God's presence, followed by a value-based assembly on the occasion of Diwali. What followed was a Children's entertainment programme with some stupendous dance and song performances, as well as a fashion show by the staff members. The audience in the quadrangle, comprising of students of classes 5 and 6 clapped enthusiastically and danced away while watching their teachers perform. The students of the other classes enjoyed the programme online in their classrooms. Various class-wise competitions were conducted, including a card-making, diya decoration, lantern-making and toran-making competition - not to forget the inter-house rangoli competition, which the children enjoyed to the fullest. Last but not the least, the students went home with a scrumptious snack.



DIWALI CELEBRATION



SPECIAL ASSEMBLY CLASS 6

DIWALI CELEBRATION



SPECIAL ASSEMBLY - CLASS 7

'Tolerance'



The students of Class 7 presented their theme assembly on 12th January, 2024. The Assembly was attended by a special guest, Bro. Jerome, a Patrician brother as well as students from our partner school, 'EBELU', Stuttgart, Germany.

The topic for the theme assembly was 'Tolerance'. This topic was specially chosen, as school is a place where children of varied cultures, regions, religious backgrounds etc. come together to learn. It is important that they grow with values that help to build up society. Today 'tolerance' is a need of the hour, because tolerance means to accept the views and actions of others with patience and respect. This surely helps in developing a more cohesive and peaceful society.

The Assembly portrayed 3 enactments that depicted the day-to-day incidents, where tolerance was the missing factor. The areas covered were food intolerance in a classroom, religious intolerance in a public place and gender intolerance among students in the sports field. The idea was to convey how tolerance could have played a significant role in handling the situation in a better manner. The Assembly ended with an action song - 'You, me, he, she, we are all much the same....', with a positive message about being tolerant and more inclusive. The performance of the students was highly appreciated by Bro. Jerome in terms of their confidence and the manner in which they conveyed the message.



SPECIAL ASSEMBLY - CLASS 7

'Tolerance'



WE SAY 'NO' TO BULLYING

Bullying Awareness Week

Together, we can create a culture of kindness.

**SPECIAL
ASSEMBLY**

CLASS 8



**SPECIAL
ASSEMBLY**

SPECIAL ASSEMBLY CLASS-9

'Save the Environment'



The students of Class 9 conducted an assembly based on 'Save the Environment' on 9th June, 2023.

The objective of the assembly was to send a message to protect our planet. Earth. The threat to earth has grown in recent years. We all have a moral obligation to make our planet a safer and heal thier place for ourselves and the future generations. Through the medium of a skit, the students emphasized on the values of saving water, planting trees, avoiding use of plastic and most importantly, the problems faced by our farmers because of low rainfall.

The marvellous performance of the students in the skit as well as in preparing an impactful power point presentation with sound effects ably highlighted the theme.



SPECIAL ASSEMBLY - CLASS 10

'The Battle with Addictions'



The students of Standard 10 conducted their theme assembly on 21st April, 2023 in the quadrangle area.

The theme selected was 'The Battle with Addictions' and the focus was Addictions to Media, Gaming and Drugs. Forty student participants across class 10 were involved in the skit which encompassed a mesmerizing dance performance, strong stage presence with their acting skills and soulful singing of the song 'Beautiful Day'. Many other students also worked behind the scenes on creative placards, costumes and logistics to ensure all went smoothly and the message on addictions was put across clearly to the rest of the school.

The skit was divided into three parts.

The first part emphasized how Addiction to Instagram can be a real problem for some students when they are constantly checking for notifications or updates on the app, feeling a need to post photos or stories constantly to gain likes, comments or followers and overtime attempting to quit social media but feeling unable to do so.

The second part stressed on Excessive Gaming habits, that is, an inability to limit gaming time and as a result neglecting hobbies or responsibilities and facing a range of negative consequences including social isolation, poor academic performance, and mental health problems such as anxiety and depression.

The third part focused on Drug Addiction where peer pressure, availability of drugs, lack of a strong support system could all get one to feel isolated and eventually lead them to turn to drugs as a way of coping with their isolation and in all likelihood get them addicted!

In Conclusion, the message that went out was that Addictions are real and one needs to be mindful of their behaviours, recognise the signs and most importantly seek help immediately to prevent any long term damage.



SPECIAL ASSEMBLY - CLASS 10

'The Battle with Addictions'



SPECIAL ASSEMBLY MISSION CHANDRAYAAN

India made history on 23rd August, 2023 when it became the fourth nation to make a soft landing on the moon. To recreate this remarkable achievement, Mst. Mehdi Jaffri the Head boy and Ms. Ananya Nair, the Head girl of the Student Council under the able guidance of their teachers, constructed a model of the Chandrayaan space craft.

A lot of time, energy, resources and efforts were invested into making the model. At a special assembly held on 16th October, 2023, the students successfully demonstrated the touch down of the spacecraft's lander Vikram and the deployment of its rover Pragyan on the surface of the moon. The students of classes 9 and 10 were the audience at the assembly. The program was live streamed for the benefit of the children who were in class. The live demonstration instilled a sense of pride in the students on India's great achievement. It ignited their interest in space exploration and scientific endeavors.



SPECIAL ASSEMBLY MISSION CHANDRAYAAN



REVISITING SCHOOL DISCIPLINE: STAFF SEMINAR

In view of the increasing need to foster discipline among students in the school, especially in the post-pandemic context, the School Management had organized a seminar 'Revisiting School Discipline', on 25th April, 2023. It was attended by all the staff of our school, supervisors from St. Francis D'Assisi High School and Junior College, and St. Louis School as well as Principals from Aidel Educational Trust.

The resource persons for the seminar were from the ICTRC - a national level Counsellor's Training and Research Organization. Mrs. Monica Chawla conducted the session in person while Prof. Keshav Singh and Dr. Ravindran joined online. The resource persons threw light on the meaning of discipline, its importance in the effective functioning of the school, the role of the teachers in enforcing discipline, and constructive ways by which discipline can be instilled in the students.

This informative and interactive seminar was much appreciated by the participants.



REVISITING SCHOOL DISCIPLINE: STAFF SEMINAR



PSYCHOLOGICAL WELL-BEING: A STAFF SEMINAR

Given the importance of mental health in all aspects of our lives, the school management organized a seminar on 'Psychological well-being' for the Staff of St. Francis School (CISCE) including the administrative, teaching and ancillary staff in the school premises on 15th July, 2023.

The resource persons for the seminar were Mrs. Madhuri Tambe, Programme Associate and Ms. Candida D'Souza, Programme Officer of the 'icall' Psychosocial helpline of the Tata Institute of Social Sciences (TISS). The session was arranged to be bilingual to enable all to benefit from it.

The facilitators started with an ice breaker and gradually guided the Staff group on understanding how the realities of day to day life can lead to distress. They further gave tips on what we can do when we feel overwhelmed by these stresses. They also emphasized the need to reach out for support and explained why this was an important aspect of coping with distress. The session was a fruitful one. As nurturers of tender minds, educators are entrusted with a tremendous responsibility. It is only right that those handling students should also be equipped with skills to foster better coping with the stresses of life.



CELEBRATING THE ST. FRANCIS STAFF TEAM

Birthday Cheer in the workplace

Staff Birthdays held a special aura this year at St. Francis School (CISCE) with an innovative initiative by the School Management. A new tradition of monthly celebrations of the birthdays of the Teaching and Administrative staff was started with the aim of acknowledging them and appreciating their contribution to the Francisian family.

The end of every month was eagerly awaited by the Staff members, as a team of teachers worked behind the scenes to plan and execute a group birthday celebration of the staff celebrating their birthdays in the given month. The celebration included a beautifully crafted badge with the person's qualities, which was worn the entire day, a gathering of the Staff for a ceremonial cake cutting by the birthday staffers, complete with the birthday song and snacks for all. A creative compere presented the most loved characteristics of the staffers being celebrated, adding to their joy.



APR

HAPPY
BIRTHDAY
TO YOU

MAY
JUNE



CELEBRATING THE ST. FRANCIS STAFF TEAM

Birthday Cheer in the workplace

JUL



SEPT



HAPPY BIRTHDAY TO YOU

AUG



OCT



NOV



CELEBRATING THE ST. FRANCIS STAFF TEAM

Birthday Cheer in the workplace

**"May your birthday be as wonderful as you are.
Thank you for being a source of inspiration and motivation."**



DEC
JAN

HAPPY
BIRTHDAY
TO YOU

MAR

CAREER GUIDANCE PROGRAMME



Career exploration is an important aspect of a young person's growth, opening their minds to the possibilities ahead. With this in mind, the students from classes 8 to 10 were offered a unique AI powered, 5 dimensional career guidance this year, conducted in collaboration with VIOSA Learning. This platform included both assessment and parent- child counselling, aimed at helping students make suitable subject choices and plan their career path confidently. The programme also offered students who enrolled, the facility of an individual dashboard where they could access updated information on colleges in India and abroad.



JOURNEY TOWARDS MY CAREER:

SEMINAR FOR CLASSES 5 TO 10

The students of Classes 5 to 10 were thrilled to attend a fun filled and educative seminar in the month of June 2023. The resource person was Dr. Bro. George Palackal sg., a member of the Congregation of the Montfort Brothers of St. Gabriel. With 24 years of teaching experience and a Ph.D in Counselling Psychology, Dr. Bro. George was a storehouse of knowledge and experience. He guided the students of Classes 8 to 10 in a full day seminar on:

- **The importance of having a purpose in life**
- **Planning for career choice**
- **How to study and manage time effectively**
- **Dealing with mobile phone addiction**

With the students of classes 5 to 7, the 1 hour session was an interactive one guiding students to discover their purpose in life and motivating them to believe in themselves.

The parents of Classes 8 to 10 were also invited for a session on parenting, with emphasis on helping children overcome their addiction to digital devices.

The entire one week programme for students and parents was well appreciated and served as an eye opener of the reality of managing the use of our digital devices.

JOURNEY TOWARDS MY CAREER: SEMINAR FOR CLASSES 5 TO 10



JOURNEY TOWARDS MY CAREER: SEMINAR FOR CLASSES 5 TO 10



JOURNEY TOWARDS MY CAREER:

SEMINAR FOR CLASSES 5 TO 10

JOURNEY TOWARDS MY CAREER: A Student Report

In this fast paced world, it's hard to know what we want to achieve in life, who we want to become and how we could successfully reach our goals. Some know what they want to achieve but have a hard time figuring out how to make their dreams come true. Dr. Bro. George Palakal, who conducted a seminar for us this year, not only helped us to look at our future career paths but also taught us lessons that would be helpful throughout our lives as students.

The seminar took up our whole day, but it was well worth the time we spent. Dr. George Palakal 's enthusiasm and energy didn't decrease throughout the duration of the seminar regardless of the hours of talking. His enthusiasm and humour captivated our focus towards every topic . He interacted with us and discussed many interesting things such as - how to choose our career based on our personalities, how to manage our time, finding out for ourselves if we are addicted to using our digital devices and if so how we can get rid of our addiction. The structure of the seminar was perfect - with the perfect amount of information and the perfect amount of fun. The seminar was divided into digestible sessions regarding –

Getting to know ourselves and our life purpose better

How we should go about choosing our career

Testing to see our relationship with our mobile phones and how we can try to build a healthier relationship with our mobiles

How we can properly manage our time.

Aside from these broad areas, Sir also gave us Tips and Tricks to improve our lives such as:

1. Having at least 6 hours of sleep.
2. The importance of having immediate goals, short term goals and long term goals and how they are all related
3. How to reduce our screen time.
4. The importance of planning our day. He gave us a model time table on the basis of which we could craft an ideal one for ourselves.
5. The importance of exercise and physical activity such as sports, games, exercise etc. in our lives

This was a truly a well considered programme planned by our school management, which helped many students.

TIA SOOSAI 10 DAISIES

COMPETITIONS



VS

SOLO DANCE COMPETITION CLASSES 3 TO 5

'My moment to shine on the dance floor'



DANCE FIESTA

DANCE FIESTA



MATHS QUIZ COMPETITION CLASSES 6 & 7

"Mathangels" in action!



Crunching numbers and cracking codes!

MATHS QUIZ COMPETITION CLASSES 6 & 7

'Mathangels' in action !



Crunching numbers and cracking codes!

JUNIOR ART FEST 2023-24

'Unleashing imagination through art!'

CLASS 1
Flowers
Boat
House

Class 1



JUNIOR ART FEST 2023-24

'Unleashing imagination through art!'

CLASS 2
Scenery
Clown
Favourite Fruit



Class 2



JUNIOR ART FEST 2023-24

'Unleashing imagination through art!'

CLASS 3

**Underwater Scenery
Bouquet of Flowers
Landscape**

1



1



Class 3

2



2



3



3



JUNIOR ART FEST 2023-24

'Unleashing imagination through art!'

CLASS 4
Farm animals
Clown face
Landscape

Class 4

1



2

clown face



2



3

landscape



1

Landscape - sunset



3



JUNIOR ART FEST 2023-24

'Unleashing imagination through art!'

CLASS 5

Bird

Landscape

At the circus

Class 5



DEBATE COMPETITION

'Words that matter, arguments that count'

CLASS 10



DEBATE COMPETITION

CLASS 10



SOLO SINGING COMPETITION CLASSES 1 TO 5

Solo Stars: Making Magic with Music!



प्रत्येक गोष्टीत एक जादू आहे! गोष्टवाचनाचा उत्सव

Sharing Stories.....Our Great Freedom Fighters !

CLASSES 6 TO 8



प्रत्येक गोष्टीत एक जादू आहे! गोष्टवाचनाचा उत्सव

Sharing Stories.....Our Great Freedom Fighters !

CLASSES 6 TO 8



FANCY DRESS COMPETITION

CLASSES 1 & 2

The Bollywood 'Dhamaka'!



The Characters of the 70's, 80's and 90's come to life on stage

FANCY DRESS COMPETITION

CLASSES 1 & 2

The Bollywood 'Dhamaka'!



The Characters of the 70's, 80's and 90's come to life on stage

FANCY DRESS COMPETITION

CLASSES 1 & 2

The Bollywood 'Dhamaka'!



The Characters of the 70's, 80's and 90's come to life on stage

FANCY DRESS COMPETITION

CLASSES 1 & 2

The Bollywood 'Dhamaka'!



The Characters of the 70's, 80's and 90's come to life on stage

वाचन कला का प्रदर्शन: हिंदी भाषा प्रतियोगिता

CLASSES 8 AND 9



वाचन कला का प्रदर्शन: हिंदी भाषा प्रतियोगिता

CLASSES 8 AND 9



GERMAN STORY TELLING COMPETITION

Wo Worte zu Abenteuern werden
Where words become adventures!

CLASSES 8, 9 & 10



GERMAN STORY TELLING COMPETITION

Wo Worte zu Abenteuern werden
Where words become adventures!

CLASSES 8, 9 & 10



GERMAN STORY TELLING COMPETITION

**Wo Worte zu Abenteuern werden
Where words become adventures!**

CLASSES 8, 9 & 10



HINDI RECITATION COMPETITION

CLASSES 1 TO 5

हिंदी श्राव्य स्पर्धा



ENGLISH RECITATION COMPETITION

CLASSES 1 & 2

'Echoes of Expression'



CLASSES 6 TO 10

INSTRUMENTAL MUSIC COMPETITION

Notes That Resonate : Musical gala



MARATHI KAVYA SPARDHAA

CLASSES 3 TO 5

कवितेतून-जीवनाची सैर



MARATHI KAVYA SPARDHAA

CLASSES 3 TO 5

कवितेतून जीवनाची सैर



MARATHI KAVYA SPARDHAA

CLASS 3 TO 5

कवितेतून-जीवनाची-सैर



ENGLISH DEBATE COMPETITION

Young Minds, Big Ideas: Junior Debate Extravaganza

CLASSES 4 & 5



ENGLISH DEBATE COMPETITION

CLASSES 4 & 5



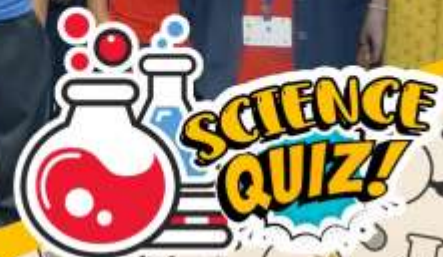
SUPERNOVA SCIENCE QUIZ COMPETITION

CLASSES 3 TO 5

Unlocking Curiosity: Science Quiz Showdown!

ST. FRANCIS SCHOOL (CISCE)

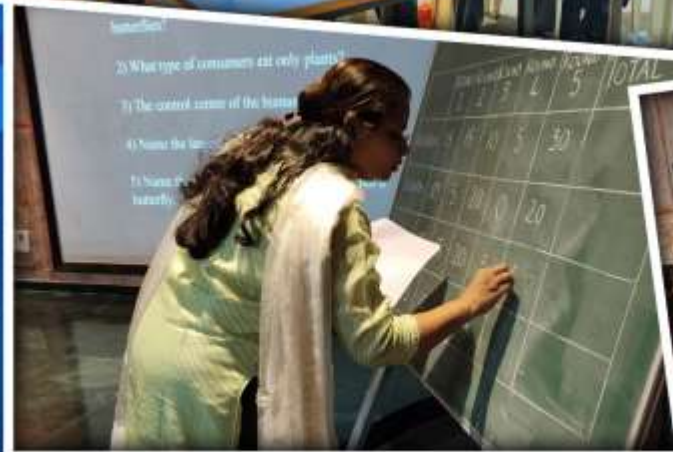
SUPERNOVA
SCIENCE QUIZ
2023-2024



SUPERNOVA SCIENCE QUIZ COMPETITION

CLASSES 3 TO 5

Unlocking Curiosity: Science Quiz Showdown!



SCIENCE QUIZ!



SUPERNOVA SCIENCE QUIZ COMPETITION

CLASSES 3 TO 5

Unlocking Curiosity: Science Quiz Showdown!



SUPERNOVA SCIENCE QUIZ COMPETITION

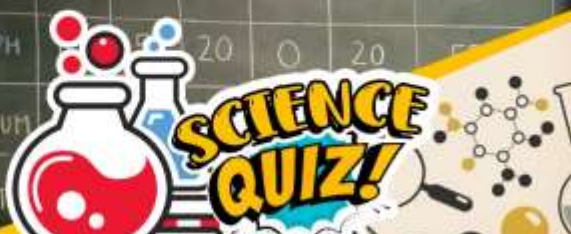
CLASSES 3 TO 5

Unlocking Curiosity: Science Quiz Showdown!



ST FRANCIS SCHOOL (CISCE)
Supernova Science Quiz 2023-24

	ROUND 1	ROUND 2	ROUND 3	ROUND 4	ROUND 5	TOTAL
ALVERNA	15	15	10	5	30	75 2nd
SERAPH			20	0	20	40
ASSISIUM						
FIORET						



INTRA CLASS KARATE TOURNAMENT



CLASSES 3 TO 7



FRANCISIAN FIESTA 2023

On the 28th of October, 2023, St. Francis CISCE was ablaze with colours, rhythms, and flavours as the school's Parent-Teacher Association (PTA) members orchestrated the much-anticipated Francisian Fiesta 2023. This annual event brought together students, parents, teachers, and the wider community in a celebration of unity and cultural diversity.

From the moment attendees stepped onto the school grounds, they were enveloped in an atmosphere of joy and camaraderie. The vibrant decorations, meticulously arranged by dedicated PTA volunteers, set the stage for an unforgettable experience.

Central to the fiesta were the myriad of activities and attractions that catered to every age and interest. From traditional dances and musical performances showcasing the talents of students to interactive workshops and games, there was something for everyone to enjoy. Culinary enthusiasts delighted in the assortment of international cuisines served at food stalls. From spicy curries to delicate pastries, there was no shortage of flavors to tantalize taste buds and ignite conversations about cultural exchange.

Beyond the festivities, the Francisian Fiesta 2023 served as a platform for fostering meaningful connections and nurturing a sense of belonging within the community. Parents, teachers, and students came together, forging friendships and strengthening bonds that would endure long after the event concluded. As the day drew to a close, and the last echoes of laughter faded away, the Francisian Fiesta 2023 left a lasting impression on all who attended. It was more than just a celebration; it was a testament to the strength of unity, the beauty of diversity, and the unwavering spirit of the Francisian School community.

Mr. Benjamin Gracias.

PTA Co-ordinator

Parent of

Mst. Joshua Gracias (6 Lilies)

& Ms. Selena Gracias (1 Lilies)



FRANCISIAN FIESTA 2023



FRANCISIAN FIESTA 2023

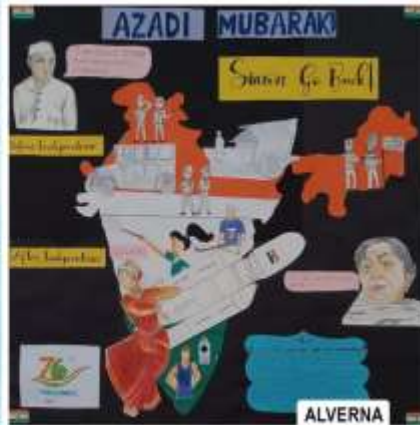


2023/1

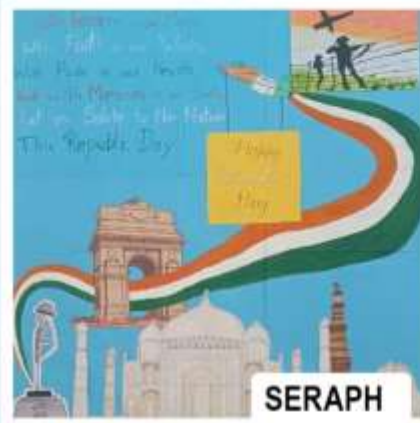
STUDENT COUNCIL HOUSE BOARDS



STUDENT COUNCIL HOUSE BOARDS



STUDENT COUNCIL HOUSE BOARDS



THANKSGIVING DAY SERVICE...

Fostering an Attitude of Gratitude

Thanksgiving Day is a beautiful tradition, of keeping aside one day in the year to express our gratitude to God for the many blessings we receive and often take for granted. At St. Francis School (CISCE), Thanksgiving Day was celebrated on 2nd February, 2024. It was attended by our Vice Principal, Bro. Varghese, staff members and the students of Class 8 in the school quadrangle. The rest of the students watched the service live streamed in their classrooms.

The service included reading of passages from the Holy Scriptures of the Bible, Bhagwad Gita and Quran, which emphasized the value of thankfulness. Some teachers and students expressed their thankfulness to God Almighty, for all they had experienced in the academic year that had passed by. The beautiful singing of hymns which praised and thanked God, by the school choir, created a devotional atmosphere. The special service helped everyone to reflect on the virtue of gratitude and its personal relevance to each of us.



THANKSGIVING DAY SERVICE...

Fostering an Attitude of Gratitude



Thanksgiving



ART CONTRIBUTION

ARTIST OF THE YEAR

CHARACTERS



ARTIST OF THE YEAR

ANIMALS IN SWEATERS



ARTIST OF THE YEAR

ANIMALS IN SWEATERS



ARTIST OF THE YEAR

DESIGN



ARTIST OF THE YEAR

DESIGN



ARTIST OF THE YEAR

DESIGN



ARTIST OF THE YEAR

DIWALI



ARTIST OF THE YEAR

DIWALI



ARTIST OF THE YEAR

FLOWER VASE



ARTIST OF THE YEAR

FLOWER VASE



ARTIST OF THE YEAR

FLOWER VASE



ARTIST OF THE YEAR

FLOWER VASE



ARTIST OF THE YEAR

FRUIT BASKET



ARTIST OF THE YEAR

FRUIT BASKET



ARTIST OF THE YEAR

LANDSCAPES



ARTIST OF THE YEAR

LANDSCAPES



ARTIST OF THE YEAR

LANDSCAPES



ARTIST OF THE YEAR

LANDSCAPES



ARTIST OF THE YEAR

LANDSCAPES



ARTIST OF THE YEAR

LANDSCAPES



ARTIST OF THE YEAR

MEMORY



ARTIST OF THE YEAR

MEMORY



ARTIST OF THE YEAR

MERRY CHRISTMAS



ARTIST OF THE YEAR

MERRY CHRISTMAS



ARTIST OF THE YEAR

MERRY CHRISTMAS



ARTIST OF THE YEAR

MERRY CHRISTMAS



ARTIST OF THE YEAR

NAME ART



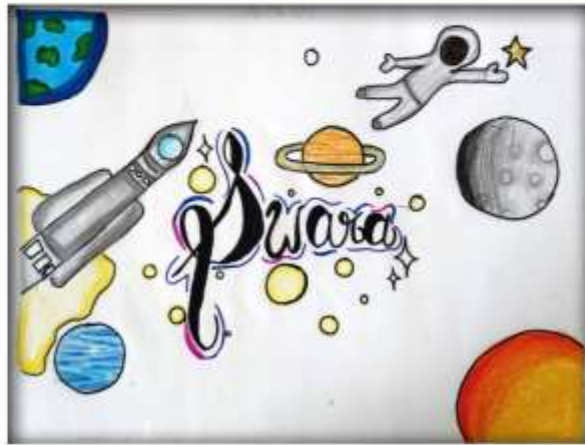
ARTIST OF THE YEAR

NAME ART



ARTIST OF THE YEAR

NAME ART



ARTIST OF THE YEAR

NAME ART



ARTIST OF THE YEAR

NAME ART



ARTIST OF THE YEAR

NATURE INPIRED



ARTIST OF THE YEAR

NATURE INPIRED



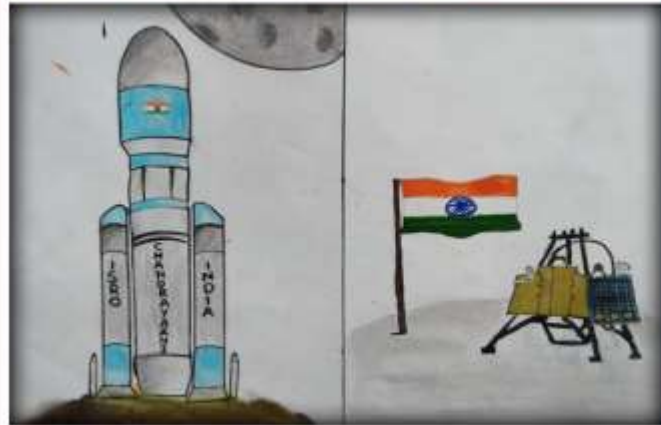
ARTIST OF THE YEAR

NATURE INSPIRED



ARTIST OF THE YEAR

PATRIOTIC



ARTIST OF THE YEAR

PATRIOTIC



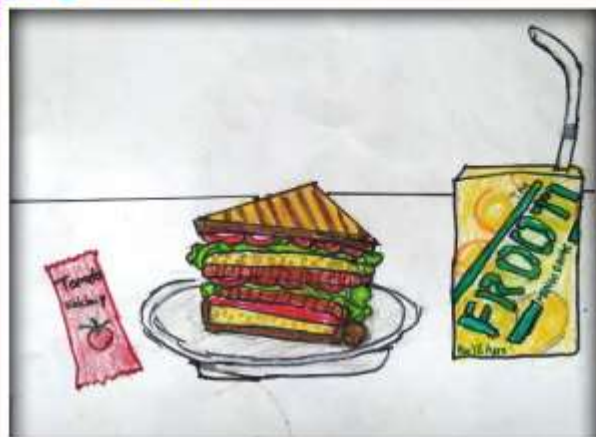
ARTIST OF THE YEAR

PIZZA



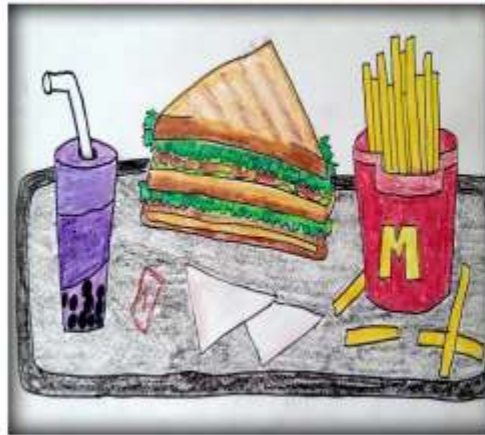
ARTIST OF THE YEAR

SANDWICH



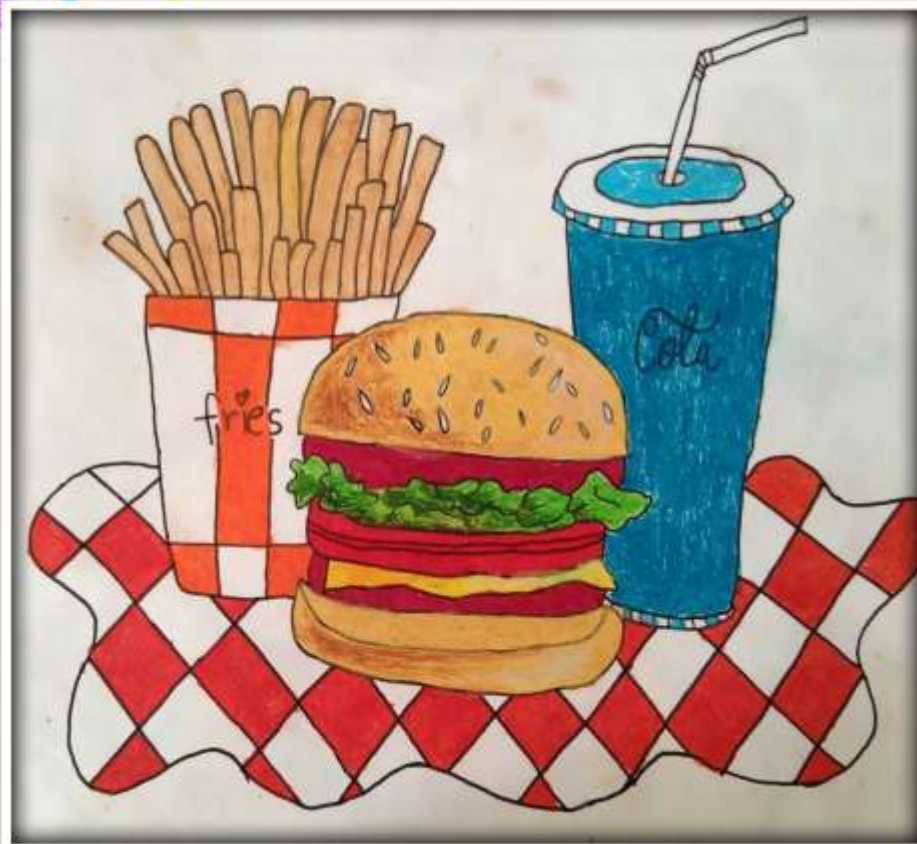
ARTIST OF THE YEAR

SANDWICH



ARTIST OF THE YEAR

BURGER



ARTIST OF THE YEAR

SHOE ART



ARTIST OF THE YEAR

SHOE ART



ARTIST OF THE YEAR



ARTIST OF THE YEAR



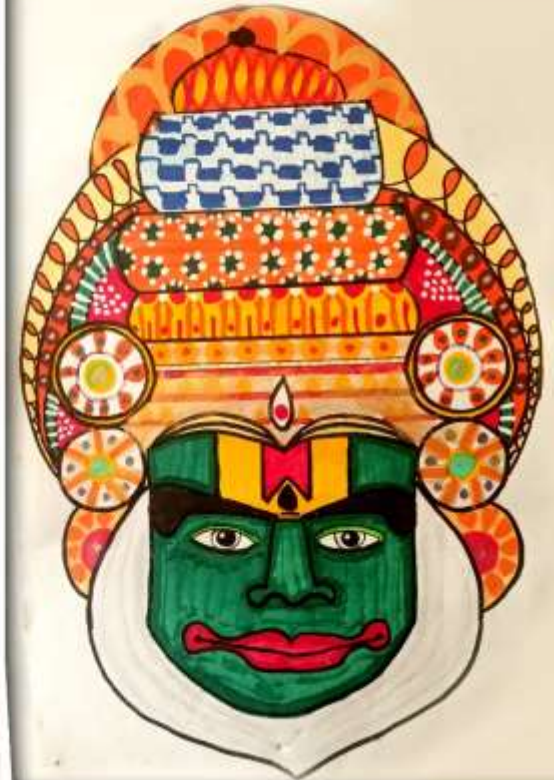
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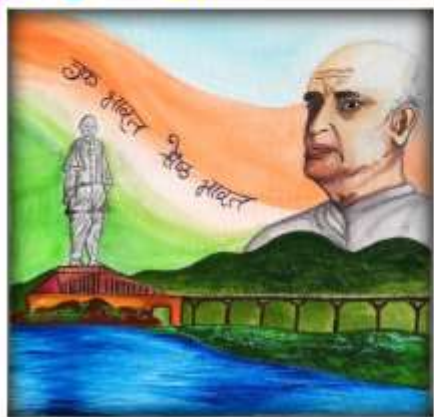
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ARTIST OF THE YEAR



Anime



ARTIST OF THE YEAR



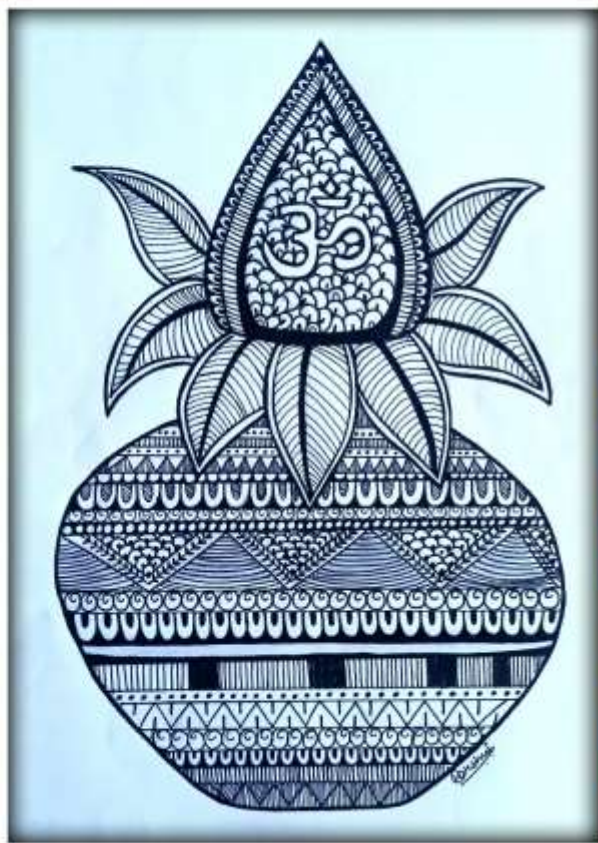
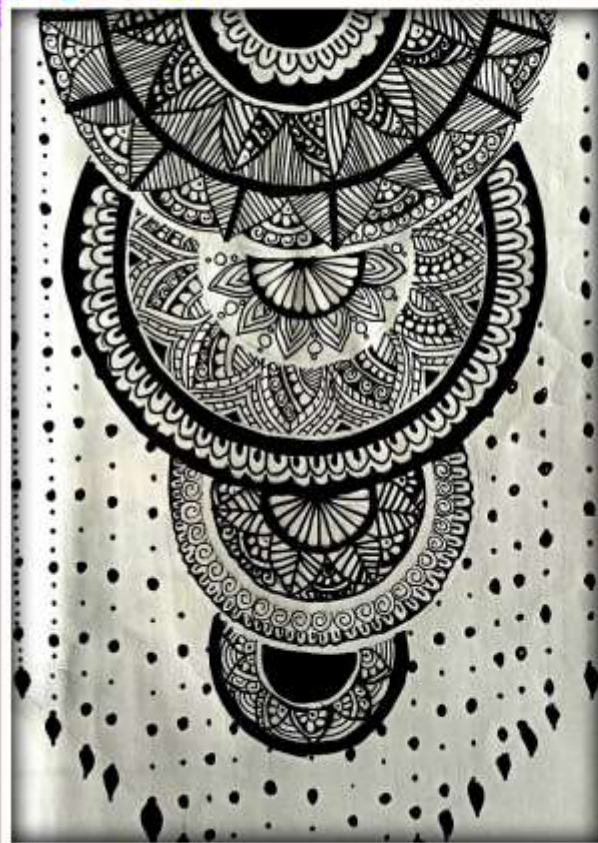
Anime



ARTIST OF THE YEAR



ARTIST OF THE YEAR



ARTIST OF THE YEAR



ARTIST OF THE YEAR



ARTIST OF THE YEAR



ARTIST OF THE YEAR



ARTIST OF THE YEAR



ANAYA SHAH 70 Roll no. 2



N. TAKKAR 7 Daisies Roll no. 12



Tanya...

ARTIST OF THE YEAR



ARTIST OF THE YEAR



ARTIST OF THE YEAR



ARTIST OF THE YEAR



ARTIST OF THE YEAR



ARTIST OF THE YEAR



ARTIST OF THE YEAR



ARTIST OF THE YEAR



ARTIST OF THE YEAR



ARTIST OF THE YEAR



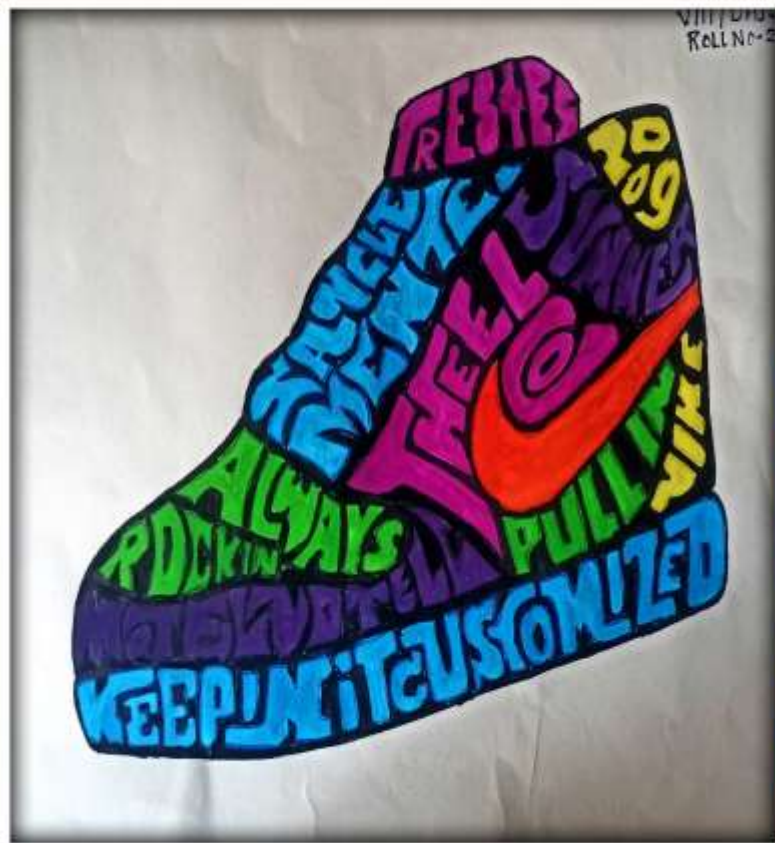
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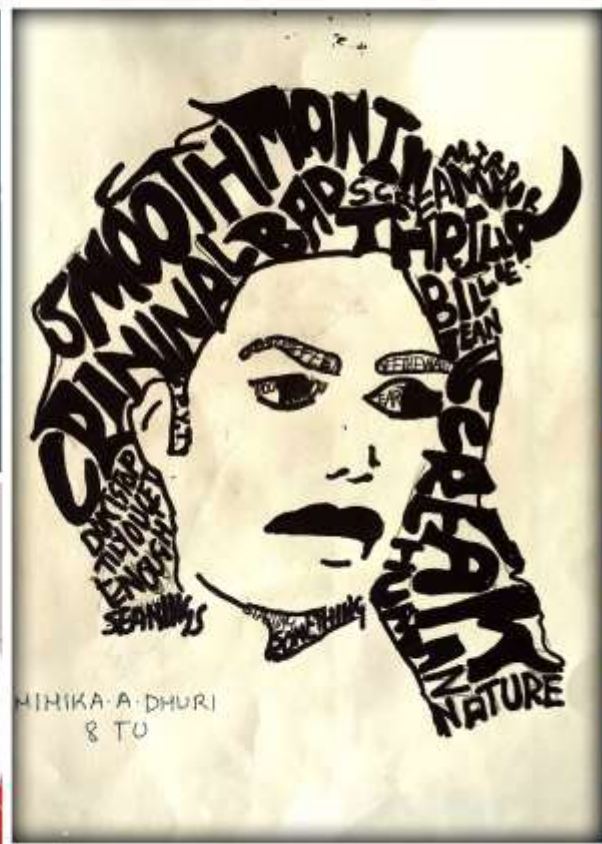
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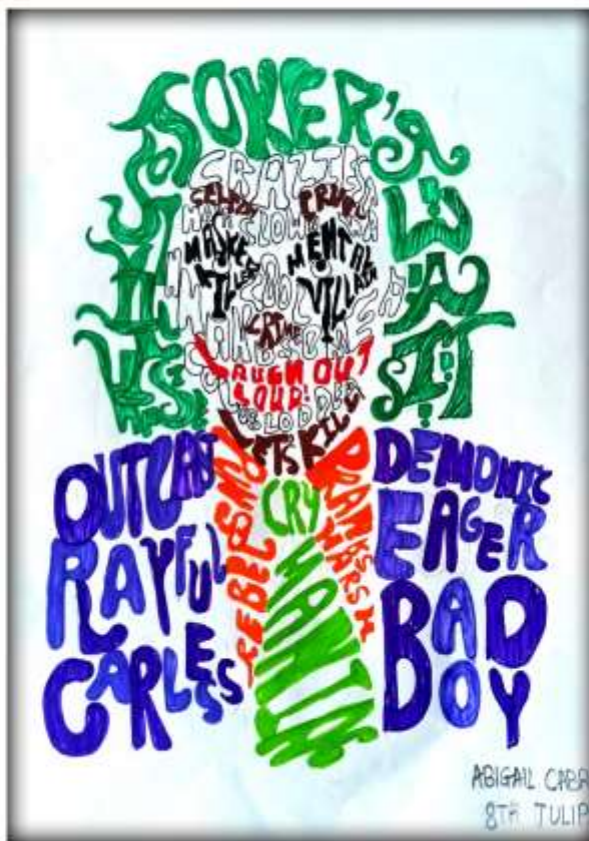
ARTIST OF THE YEAR



ARTIST OF THE YEAR



ARTIST OF THE YEAR



ARTIST OF THE YEAR



ARTIST OF THE YEAR



ARTIST OF THE YEAR



ARTIST OF THE YEAR



ARTIST OF THE YEAR



ARTIST OF THE YEAR



SUPW

Plants are the heart of the Earth; save them to save the planet.



**TREE
PLANTATION**



SUPW



**CARDBOARD
BOAT MAKING**



Set sail with artistic Masterpieces



SUPW



SUPW PUPPET MAKING



Strings and Stories: The Wonderful World of Puppets



SUPW



Yummy!



SUPW



SUPW



FOOD
WITHOUT
FIRE



SUPW



LIPPAN ART

SUPW

LIPPAN ART



SUPW

MADHUBANI PAINTING



SUPW

MADHUBANI PAINTING



SUPW

MADHUBANI PAINTING



SUPW

Paper Vase



SUPW

Paper Vase



SUPW

Glass painting



ACHIEVEMENTS SECTION



ANIK SODANI UKG - DAISIES

Achiever in
ABACUS & VEDIC MATHS
3rd RUNNER UP, STATE LEVEL

Congratulations!



SAACHI DHARIA LKG - VIOLETS

Achiever in

PHONICS OLYMPIAD

1ST RANK, NATIONAL LEVEL

CONGRATULATIONS



NAKSH PAREKH CLASS 2 VIOLETS

Achiever in
Mental Maths Competition,
3rd rank



DWIT NANDU CLASS 4 DAISIES

Achiever in Sports:

Scuba Diving

Set a world record and bagged the coveted title of the

'World's Youngest Junior Open Water Scuba Diver'.



★★★
CONGRATULATIONS
★★★

BRYCE LEYTON CLASS 4 LILIES

Achiever in Sports: Swimming

The Gold and 2 Silver medales at the at 18th CISCE Zonal Swimming Championship 2023 (under 10, Boys)

Gold medal at MSSA 60th Annual Inter School Aquatic Championship 2023-2024 (under 10, Boys)

Congratulations



RHYS PEREIRA CLASS 4 DAISIES

Achiever in Sports: Swimming

Bronze medal at the 18th CISCE Zonal Swimming Championship 2023
(under 10, Boys)



Congratulations

ASHLYN D'MELLO CLASS 4 LILIES

Achiever in Music: Vocals

**Awarded Level 1 in Rock and Pop category,
Grade 2 (Vocals) by Trinity College, London**



Congratulations!

YUVAN THAKKAR CLASS 4 VIOLETS

Achiever in Art :

1st Prize in Schoolsindia 'All India HOPE Contest' :

Awarded Gold Medal and Cash prize



SAANVI PATIL CLASS 5 VIOLETS

Congratulations!

Achiever in Sports: Athletics

CISCE Zonal Games and Sports Competition 2023:

Won a Gold medal, 1st place (8.73 mts) in shot put at in the September 2023

Maharashtra Suburban District Level Athletics Association (MSDAA):

Won a Gold medal, 1st place in Shot put (Under 12, Girls)

Maharashtra State Sub-Junior Athletics Championship:

1st place, Gold medal in shot put



ERWYN D'SOUZA CLASS 8 TULIPS

Achiever in Sports: Football

Played for Maharashtra State U-14 and participated in the National Hero Sub-Junior Championship held at Malda, West Bengal in September 2023.

Also appointed as Vice-Captain of the Team.

Played for Mumbai and Won the Championship Trophy in the U-15 Inter-District Tournament held at Dhule, Maharashtra in May, 2023.

Champions of WIFA (Western India Football Association) Youth State League in the U-13 Category in the year 2023.

As part of Mumbai City FC team, participated in the U-14 Mina Cup held at Dubai.

Winners of the Runner-Up Trophy in WIFA (Western India Football Association)

Youth State League in the U-15 Category in the year 2023.



Congratulations!

KAIRAV CHAVAN CLASS 9 TULIPS

Achiever in Sports (Karate)

- Won a Gold medal at the CISCE Zonal Karate Championship on 23rd June 2023
- Won two Silver medals for India at the 10th KWF World Karate Championship 2023 held in Japan.

➤ **CONGRATULATIONS!** ➤



National Mathematics Olympiad Contest 2023-24 organised by All India School Mathematics Teachers Association (AISMTA)

Students securing 90% and above marks in the examination:

1. Joanna Marianne Fernandes from Class 9
2. Noah Anil Cherian from Class 7
3. Ethan Dominic Philip from Class 7
4. Vihaan Monish Naidu from Class 5



**Our School Manager, Bro. Varghese
with the meritorious students**

NATIONAL OLYMPIAD

CREST SPELLING BEE



GERMAN SPELLING BEE



CREST OLYMPIAD ACHIEVERS



SILVERZONE OLYMPIAD (LEVEL 2) ACHIEVER

NISHIKA BHUTDA

CLASS 3 VIOLETS

Olympiad Topper : Medal of Excellence- SILVER

Awarded Trophy and Cash Prize



KABIR DESAI 9 DAISIES

Achiever in Sports (Karate)

Won a Silver Medal for India at the 10th KWF

World Karate Championship 2023 held in Japan

Mumbai Suburban DSO Karate championship 2023

SILVER MEDAL (U-14, 40-45 Kg KUMITE BOUT)

IMGKA STATE LEVEL TOURNAMENT 2023

GOLD MEDAL (KATA U-13) GOLD MEDAL (KUMITE U-13)



Pillars of the Academic Architecture



Ancillary Staff

BEHIND THE SCENES SUPERSTARS





St. Francis School (CISCE)

